

**JUNE
2022**



**Erie's Public Schools
Noble Lunch Menu**

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
 Meat or meat alternate
 Choice of Vegetable
 Choice of Fruit
 Grain/Bread
 Choice of Milk - 1% white, fat-free white & chocolate

**Weekly Vegetable Subgroups
May Include:**

- Dark Green - spinach, broccoli, romaine and spring salad
- Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
- Legumes - beans and chick peas
- Starchy - potatoes, corn, peas & lima beans
- Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections

May Include:

- oranges, apples, bananas, fruit juice, pears, peaches, strawberries, applesauce, pineapple and mandarin oranges

Leave Your Lunch at Home

Daily entrée options may include:

- Assorted Fresh Dough Pizza
- Chicken Patty on a Bun
- Smucker's Uncrustable Peanut Butter & Jelly Sandwich
- Garden Salad or Crispy Chicken Salad w/ Hartzel Pretzels
- Ham/Cheese or Turkey/Cheese Hoagie Sandwich
- Soup and Salad Combo

Menu is subject to change based on availability.



Jennifer Johns - Food Service Director

Shawn Leh - Chef Manager

Jean Vigilone - Registered Dietitian

Jess Kremer - Chef Manager

Phone: 814-874-6885 or Fax: 814-874-6889

USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Goulash Featured Veggies: Side Salad Choice of Fruit Choice of Milk	2 Meatball & Cheese Hoagie Featured Veggies: Corn Choice of Fruit Choice of Milk	3 Chicken Strips w/ Gravy Dinner Rolls Featured Veggies: Mashed Potatoes w/ Gravy Choice of Fruit Choice of Milk
6 Meatballs w/ Sauce & Dinner Rolls Featured Veggies: Side Salad Choice of Fruit Choice of Milk	7 BBQ Chicken Sandwich on a Bun Featured Veggies: Garabanzo Beans Choice of Fruit Choice of Milk	8 Choice of Assorted Pizza, PB&J Uncrustable, Chicken Patty on a Bun or Deli Sandwiches Featured Veggies: Carrot Sticks Choice of Fruit Choice of Milk	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	