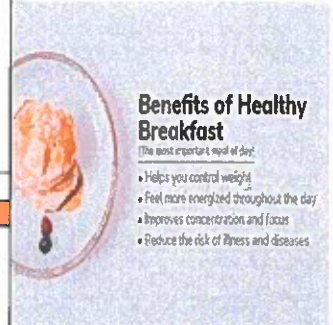


Erie's Public Schools Pre K Breakfast Menu

March 1, 2023 - March 31, 2023



Monday	Tuesday	Wednesday 3/1/23	Thursday 3/2/23	Friday 3/3/23
		WG Rice Krispies (1 oz.) 1/2 Banana - (1/2 cup) 1% Unflavored Milk (8 oz)	WG Cheerios (1 oz.) Unsweetened Applesauce (1/2 cup) 1% Unflavored Milk (8 oz)	WG Reduced Sugar Cinnamon Toast Crunch (1 oz.) Peaches (1/2 cup) 1% Unflavored Milk (8 oz)
3/6/23	3/7/23	3/8/23	3/9/23	3/10/23
WG Cheerios (1 oz.) Mandarin Oranges (1/2 cup) 1% Unflavored Milk (8 oz)	WG Corn Flakes (1 oz.) Pineapple (1/2 cup) 1% Unflavored Milk (8 oz)	WG Rice Chex (1oz.) 1/2 Banana - (1/2 cup) 1% Unflavored Milk (8 oz)	WG Special K (1oz.) Diced Strawberries (1/2 cup) 1% Unflavored Milk (8 oz)	WG Reduced Sugar Cinnamon Toast Crunch (1 oz.) Pears (1/2 Cup) 1% Unflavored Milk (8 oz)
3/13/23	3/14/23	3/15/23	3/16/23	3/17/23
WG Kix (1 oz.) Pineapple (1/2 cup) 1% Unflavored Milk (8 oz)	WG Cinnamon Chex (1 oz.) Sliced Apples (1/2 cup) 1% Unflavored Milk (8 oz)	WG Rice Krispies (1 oz.) 1/2 Banana - (1/2 cup) 1% Unflavored Milk (8 oz)	WG Cheerios (1 oz.) Unsweetened Applesauce (1/2 cup) 1% Unflavored Milk (8 oz)	WG Reduced Sugar Cinnamon Toast Crunch (1 oz.) Peaches (1/2 cup) 1% Unflavored Milk (8 oz)
3/20/23	3/21/23	3/22/23	3/23/23	3/24/23
WG Cheerios (1 oz.) Mandarin Oranges (1/2 cup) 1% Unflavored Milk (8 oz)	WG Corn Flakes (1 oz.) Pineapple (1/2 cup) 1% Unflavored Milk (8 oz)	WG Rice Chex (1oz.) 1/2 Banana - (1/2 cup) 1% Unflavored Milk (8 oz)	WG Special K (1oz.) Diced Strawberries (1/2 cup) 1% Unflavored Milk (8 oz)	WG Reduced Sugar Cinnamon Toast Crunch (1 oz.) Pears (1/2 Cup) 1% Unflavored Milk (8 oz)
3/27/23	3/28/23	3/29/23	3/30/23	3/31/23
WG Kix (1 oz.) Pineapple (1/2 cup) 1% Unflavored Milk (8 oz)	WG Cinnamon Chex (1 oz.) Sliced Apples (1/2 cup) 1% Unflavored Milk (8 oz)	WG Rice Krispies (1 oz.) 1/2 Banana - (1/2 cup) 1% Unflavored Milk (8 oz)	WG Cheerios (1 oz.) Unsweetened Applesauce (1/2 cup) 1% Unflavored Milk (8 oz)	Non-Attendance Day



All cereals offered are whole grain.

MENU IS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

Jenny Johns - General Manager
 Jean Viglione - Registered Dietitian
 Jess Kremer - Chef Manager
[Shawn Leh - Chef Manager](#)
 Phone: 814/874-6885

Free breakfast and lunch available to all students when school is in session.

USDA is an equal opportunity provider and employer.