ERIE'S PUBLIC SCHOOLS MIDDLE SCHOOL LUNCH MENU

November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Goal Makin' Bacon Cheeseburger on a WG Bun Lettuce & Tomato Side Available Featured Veggies Sidewinder Fries	**3** Non-Attendance Day	**4** Friendly French Toast Sticks w/Syrup, Scrambled Eggs w/Pork Sausage Links **OR** 2 Cheese Sticks Fresh Fruit Cup Featured Veggies Sweet Potato Home Fries	**5** Balancing Birria Cheesesteak Nachos Featured Veggies Romaine Side Salad	**6** Side Plank Fish Sandwich on a WG Bun Featured Veggies Cauliflower w/Cheese
Specialty Pizza: Supreme or Jalapeno Popper				
9 Game On Chicken Parmesan Rosa Sandwich Featured Veggies Celery Sticks	**10** Chin Up Chicken Mashed Potato Bowl w/WG Dinner Roll Featured Veggies Mashed Potatoes & Gravy Corn	**11** WG Push Up Pancakes w/Syrup Pork Sausage Links **OR** 2 Cheese Sticks Featured Veggies Tater Triangles	**12** Boxing Butter Chicken w/ WG Flat Bread Featured Veggies Strawberry Spinach Salad	**13** WG Gratifying Grilled Cheese Sandwich Featured Veggies Cream of Tomato Soup
Specialty Pizza: Buffalo Chicken or Pierogi				
16 Mountain Climber Italian Meatball Sub on a WG Bun Featured Veggies Sidewinder Fries	**17** Street Eats WG Beef Walking Taco w/Tostito Scoops & WG Heartzels Featured Veggies Red Pepper Strips	**18** Fall Fest Sliced Turkey w/Gravy & a WG Dinner Roll Fall Mini Cookies Featured Veggies Mashed Potatoes & Gravy Green Beans	**19** BBQ Ripped Ribby on a WG Bun Featured Veggies Corn	**20** Jump Back Mac & Cheese w/a WG Dinner Roll Featured Veggies Romaine Side Salad
Specialty Pizza: Sausage or Pickle				
23 Non-Attendance Day	**24** Non-Attendance Day	**25** Non-Attendance Day	**26** Thanksgiving Day No School	**27** No School
30 No School				*All grains served are whole grains. *All turkey lunch meat and pepperoni served is Halal.

MAKE IT A MEAL!

You must choose at least 3 of 5 meal components for the school lunch price: Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable May Include:

Dark Green: spinach, broccoli, romaine salad.
Red/Orange: carrots, sweet potatoes, tomatoes, red peppers.
Legumes: beans & chickpeas.
Other vegetables: celery, cucumbers, cauliflower, green peppers, green beans

Choice of Fruit May Include:

Oranges, apples, bananas, pears, peaches, strawberries, applesauce, pineapple & mandarin oranges.

Choice of Milk:

1% white, fat-free white, fat-free chocolate

Daily Entrée Options May Include:

WG Chicken Patty on a Bun, Assorted Fresh Dough Pizza, Smucker's WG Uncrustables PB&J (V) Sub Sandwiches, Double Cheese Stick Combo w/WG Mini Loaf & WG Goldfish Crackers (V) Garden Entrée Salad (V) Turkey Entrée Salad (☪) Salads served with WG Goldfish crackers and a WG dinner roll

Your Dining Services Team

Natalie Bartlett: General Manager
Jean Viglione: Assistant GM, Registered Dietitian
Jess Kremer: Executive Chef
Suzanne Robertson: Café Services Manager
Daniel Rayner: Café Services Manager
Lisa Kaschak: Culinary Center Kitchen Manager
Phone: 814-874-6885 Fax: 814-874-6889

*Free breakfast and lunch is available to all students when school is in session.

Adult Lunch Price: $5.03

(V) Vegetarian | (WG) Whole Grain
(🐷) Contains Pork | (☪) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

schoolcafé

Metz CULINARY MANAGEMENT ENVIRONMENTAL SERVICES