ERIE'S PUBLIC SCHOOLS HIGH SCHOOL LUNCH MENU

November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Goal Makin' Bacon Cheeseburger on a WG Bun Lettuce & Tomato Side Available **Sidewinder Fries** **Cucumber Slices**	**3** Non-Attendance Day	**4** Friendly French Toast Sticks w/Syrup, Scrambled Eggs w/Pork Sausage Links **OR** 2 Cheese Sticks Fresh Fruit Cup **Sweet Potato Home Fries** **Garbanzo Beans**	**5** Balancing Birria Cheesesteak Nachos **Romaine Side Salad** **Red Pepper Strips**	**6** Side Plank Fish Sandwich on a WG Bun **Sidewinder Fries** **Cauliflower w/Cheese**
bravo! **TEXAS SMOKEHOUSE!** Choice of BBQ pulled pork sandwich or breaded chicken leg served w/choice of potato/veg.				
9 Game On Chicken Parmesan Rosa Sandwich **Celery Sticks** **Coleslaw**	**10** Chin Up Chicken Mashed Potato Bowl w/WG Dinner Roll **Mashed Potatoes & Gravy** **Corn**	**11** WG Push Up Pancakes w/Syrup Pork Sausage Links and a Cheese Stick **Tater Triangles** **Cucumbers**	**12** Boxing Butter Chicken w/ WG Flat Bread **Strawberry Spinach Salad** **Garlic Parmesan Broccoli**	**13** Gratifying Grilled Cheese Sandwich **Cream of Tomato Soup** **Green Pepper Strips**
bravo! **BURRITO BOWL BAR**: Build your burrito bowl with choice of taco beef or chicken or ranch refried beans (V). Served with your choice of sides & toppings.				
16 Mountain Climber Italian Meatball Sub on a WG Bun **Sidewinder Fries** **Kale Citrus Side Salad**	**17** Street Eats WG Beef Walking Taco w/Tostito Scoops & WG Heartzels **Black Bean & Corn Salad** **Red Pepper Strips**	**18** Fall Fest Sliced Turkey w/Gravy & a WG Dinner Roll Fall Mini Cookies **Mashed Potatoes w/Gravy** **Green Beans**	**19** BBQ Ripped Ribby on a WG Bun **Green Pepper Strips** **Corn**	**20** Chicken Alfredo w/Broccoli Loaded Baked Potato w/WG Dinner Roll & WG Goldfish (V) **Romaine Side Salad** **Asian Pepper Slaw**
bravo! **PICNIC BAR!** Build your hamburger w/assorted toppings and choose from a side of coleslaw, corn on the cob or fries				
23 Non-Attendance Day	**24** Non-Attendance Day	**25** Non-Attendance Day	**26** Thanksgiving Day No School	**27** No School
30 No School				*All grains served are whole grains. *All turkey lunch meat and pepperoni served is Halal.

MAKE IT A MEAL!

You must choose at least 3 of 5 meal components for the school lunch price: Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable May Include:

Dark Green: spinach, broccoli, romaine salad.
Red/Orange: carrots, sweet potatoes, tomatoes, red peppers.
Legumes: beans & chickpeas.
Other vegetables: celery, cucumbers, cauliflower, green peppers, green beans.

Choice of Fruit May Include:

Oranges, apples, bananas, pears, peaches, strawberries, applesauce, pineapple & mandarin oranges.

Choice of Milk:

1% white, fat-free white, fat-free chocolate

Daily Entrée Options May Include:

WG Chicken Patty on a Bun w/a side of Lettuce & Tomato, Assorted Fresh Dough Pizza, Smucker's WG Uncrustables Peanut Butter & Jelly Sandwich (V)

*Cafeteria will have additional promotions available weekly. Look for promotional signage in the café.

Your Dining Services Team

Natalie Bartlett: General Manager
Jean Viglione: Assistant GM, Registered Dietitian
Jess Kremer: Executive Chef
Suzanne Robertson: Café Services Manager
Daniel Rayner: Café Services Manager
Lisa Kaschak: Culinary Center Kitchen Manager
Phone: 814-874-6885 Fax: 814-874-6889

*Free breakfast and lunch is available to all students when school is in session.

Adult Lunch Price: $5.03

(V) Vegetarian | (WG) Whole Grain
Contains Pork | Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Metz CULINARY MANAGEMENT ENVIRONMENTAL SERVICES