



Breakfast Menu - Middle School Breakfast at the Door February 27, 2023 - March 24, 2023

Monday 2/27/23	Tuesday 2/28/23	Wednesday 3/1/23	Thursday 3/2/23	Friday 3/3/23
WG Hot Breakfast Sandwich Combo	WG Hot Breakfast Sandwich Combo or	WG Hot Breakfast Sandwich Combo or	WG Hot Breakfast Sandwich Combo or	
WG Crunch Mania	WG Cini Minis	WG Choc Chip Loaf WG Cheez-its	WG Maple Waffle Snaps	WG Apple Cinn Muffin WG Annie's Bunnies
Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice
Apple	Apple	Apple	Apple	Apple
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
1% White, Skim or Fat-Free Chocolate	1% White, Skim or Fat-Free Chocolate	1% White, Skim or Fat-Free Chocolate	1% White, Skim or Fat-Free Chocolate	1% White, Skim or Fat-Free Chocolate
3/6/23	3/7/23	3/8/23	3/9/23	3/10/23
WG Hot Breakfast Sandwich Combo	WG Hot Breakfast Sandwich Combo or	WG Hot Breakfast Sandwich Combo or	WG Hot Breakfast Sandwich Combo or	
WG Cinn Crispy Bites WG Strawberry Bar	WG Choc Muffin WG Mini Vanilla Wafers	WG Banana Muffin WG Chat Snax	WG Cinnamon Roll	WB UBR Bar
Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice
Apple	Apple	Apple	Apple	Apple
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
1% White, Skim or Fat-Free Chocolate	1% White, Skim or Fat-Free Chocolate	1% White, Skim or Fat-Free Chocolate	1% White, Skim or Fat-Free Chocolate	1% White, Skim or Fat-Free Chocolate
3/13/23	3/14/23	3/15/23	3/16/23	3/17/23
WG Hot Breakfast Sandwich Combo	WG Hot Breakfast Sandwich Combo or	WG Hot Breakfast Sandwich Combo or	WG Hot Breakfast Sandwich Combo or	
WG Blueberry Lemon Bites WG Chocolate Elf	WG Apple Nutri Grain Bar WG Bug Bites	WG Choc Chip Muffin WG Scooby Snacks	WG Chocolate Chip Waffle Snaps	WG Blueberry Muffin WG Cheez-Its
Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice
Apple	Apple	Apple	Apple	Apple
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
1% White, Skim or Fat-Free Chocolate	1% White, Skim or Fat-Free Chocolate	1% White, Skim or Fat-Free Chocolate	1% White, Skim or Fat-Free Chocolate	1% White, Skim or Fat-Free Chocolate
3/20/23	3/21/23	3/22/23	3/23/23	3/24/23
WG Hot Breakfast Sandwich Combo	WG Hot Breakfast Sandwich Combo or	WG Hot Breakfast Sandwich Combo or	WG Hot Breakfast Sandwich Combo or	
WG Granola Crispy Bites WG Cinnamon Elf	WG Apple Frudel	WG Doughnut WG Cinnamon Goldfish	WG Blueberry Mini Loaf WG Cocoa Crispy Bites	WG Banana Mini Loaf WG Goldfish
Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice
Apple	Apple	Apple	Apple	Apple
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
1% White, Skim or Fat-Free Chocolate	1% White, Skim or Fat-Free Chocolate	1% White, Skim or Fat-Free Chocolate	1% White, Skim or Fat-Free Chocolate	1% White, Skim or Fat-Free Chocolate
Free Breakfast and Lunch available to all students when school is in session.				

What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Daily we will feature either 2 single grain breakfast items or 1 double grain breakfast item. All grains featured will be whole grain. They may include: muffins, mini loaves, cereal breakfast bars, crackers, or similar breakfast pastries,

Choice of Milk
Choice of Milk - 1% and Fat-Free White

Whole Grain Cereal Selection May Include:

- Cinnamon Toast Crunch
- Reduced-Sugar Trix
- Reduced-Sugar Cocoa Puffs
- Reduced-Sugar Cinnamon Toast Crunch
- Reduced Sugar Froot Loops
- Cinnamon Chex

Breakfast at the Door

Breakfast bags to include breakfast featured on the left

Jenny Johns - G.M.
Jean Viglione - Registered Dietician
Shawn Leh - Chef Manager
Jess Kremer - Chef Manager
814-874-6885
814-874-6889

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