


Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
Specialty Pizza: Broccoli Chicken Ranch or Mac & Cheese (V) OR Hummus Platter: Sweet Chili or Pumpkin Pie (V)					What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Meat/Meat Alternative - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch. Choice of Vegetable May Include: Dark Green: spinach, broccoli, romaine salad Red/Orange: carrots, sweet potatoes, tomatoes & red peppers Legumes: beans & chick peas Starchy White: potatoes, corn, peas & lima beans Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans & cabbage Choice of Fruit May Include: Oranges, apples, bananas, fruit juice, pears, peaches, strawberries, applesauce, pineapple & mandarin oranges Choice of Milk 1% white, fat-free white, fat-free chocolate Daily Entrée Options May Include -WG Chicken Patty on a Bun -Assorted Fresh Dough Pizza -Smucker's WG Uncrustables Peanut Butter & Jelly (V) -Sub Sandwiches -Double Cheese Stick Combo w/ WG Mini Loaf & WG Goldfish Crackers (V) -Assorted Hummus Plates (V) -Garden Entrée Salad (V) -Turkey Entrée Salad *Salads Served with WG Goldfish Crackers and a WG Dinner Roll *All grains served are whole grain. *All turkey lunch meat and pepperoni served is Halal. *Free breakfast & lunch available to all students when school is in session.
				1 Beef Philly Cheesesteak FEATURED VEGGIES French Fries	
Specialty Pizza: White Vegetable (V) or Taco OR Hummus Platter: Roasted Red Pepper or Chocolate Dippers (V)					
4 Non-Attendance Day	5 Non-Attendance Day	6 Chicken Bacon Ranch Sub  FEATURED VEGGIES Broccoli w/ Cheese	7 Chicken Mashed Potato Bowl w/ Scooby Snacks FEATURED VEGGIES Mashed Potatoes Corn	8 French Toast Sticks w/ Pork Sausage Links Fresh Fruit Cup  FEATURED VEGGIES Sweet Potato Home Fries	
Specialty Pizza: Philly Steak or Supreme  OR Hummus Platter: Sweet Chili or Pumpkin Pie (V)					
11 Ham & Cheese on a Pretzel Bun  FEATURED VEGGIES Hash Brown Patties	12 BBQ Boneless Wings w/ a WG Dinner Roll FEATURED VEGGIES Celery & Carrot Sticks	13 Bacon Cheeseburger on a WG Bun Lettuce & Tomato Side Available  FEATURED VEGGIES Romaine Side Salad	14 Buffalo Chicken Dip w/ Tortilla Chips FEATURED VEGGIES Red Pepper Strips	15 Fish Sandwich on a WG Bun FEATURED VEGGIES Popcorn Cauliflower	
Specialty Pizza: Buffalo Chicken or Vegetable (V) OR Hummus Platter: Roasted Red Pepper or Chocolate Dippers (V)					
18 Chicken Nuggets w/ a WG Dinner Roll FEATURED VEGGIES Cucumbers	19 Walking Taco w/ Tostito Scoops & Heartzels FEATURED VEGGIES Red Pepper Strips	Fall Fest 20 Sliced Turkey w/ Gravy and a WG Dinner Roll Pumpkin Orange & Lime Frozen Juice Cup & Pumpkin Pie FEATURED VEGGIES Mashed Potatoes w/ Gravy Corn	21 Pancakes w/ Syrup Pork Sausage Links HS: + Cheese Stick  FEATURED VEGGIES Tater Triangles	22 Pepperoni & Cheese Calzone w/ Marinara Sauce Cup  FEATURED VEGGIES Celery Sticks	
25 Non-Attendance Day	26 Non-Attendance Day	27 Non-Attendance Day	28 No School Thanksgiving Day	29 No School	
Jenny Johns Patterson: General Manager Jean Viglione: Registered Dietitian Suzanne Robertson: Café Services Manager Jess Kremer: Executive Chef			(V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i> (WG) Whole Grain  Halal  Contains Pork		 Metz CULINARY MANAGEMENT ENVIRONMENTAL SERVICES

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

