

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
Specialty Pizza: Buffalo Chicken or Vegetable 🌱 OR Hummus Platter: Roasted Red Pepper or Chocolate Dippers 🍷					<p>What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Meat/Meat Alternative - Choice of Vegetable - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p>Choice of Vegetable May Include: Dark Green: spinach, broccoli, romaine salad Red/Orange: carrots, sweet potatoes, tomatoes & red peppers Legumes: beans & chick peas Starchy White: potatoes, corn, peas & lima beans Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans & cabbage</p> <p>Choice of Fruit May Include: Oranges, apples, bananas, fruit juice, pears, peaches, strawberries, applesauce, pineapple & mandarin oranges</p> <p>Choice of Milk 1% white, fat-free white, fat-free chocolate</p> <p>Daily Entrée Options May Include</p> <ul style="list-style-type: none"> -WG Chicken Patty on a Bun -Assorted Fresh Dough Pizza -Smucker's WG Uncrustables Peanut Butter & Jelly 🍷 -Sub Sandwiches -Double Cheese Stick Combo w/ WG Mini Loaf & WG Goldfish Crackers 🍷 -Assorted Hummus Plates 🍷 -Garden Entrée Salad 🍷 -Turkey Entrée Salad 🍷 <p>*Salads Served with WG Goldfish Crackers and a WG Dinner Roll</p> <p>*All grains served are whole grain.</p> <p>*All turkey lunch meat and pepperoni served is Halal. 🌙</p> <p>*Free breakfast & lunch available to all students when school is in session.</p>
3 Chicken Ninja Nuggets w/ a WG Dinner Roll FEATURED VEGGIES Cucumbers	4 Speed Walking Walking Taco w/ Beef Tostito Scoops & Heartzels FEATURED VEGGIES Red Pepper Strips	5 Boxing Butter Chicken w/ WG Flat Bread FEATURED VEGGIES Strawberry Spinach Salad	6 Push Up Pancakes w/ Syrup Pork Sausage Links HS: + Cheese Stick FEATURED VEGGIES Tater Triangles	7 Keep Pushin' Pepperoni & Cheese Calzone w/ Marinara Sauce Cup FEATURED VEGGIES Celery Sticks	
Specialty Pizza: Sausage & Pepperoni or Hawaiian OR Hummus Platter: Sweet Chili or Pumpkin Pie 🍷					
10 Mountain Climber Meatball Hoagie on a WG Hoagie Roll FEATURED VEGGIES Cucumber Slices	11 Greek Downward Dog on a WG Bun FEATURED VEGGIES Vegetarian Baked Beans	12 Super Power Sliced Turkey w/Gravy & WG Dinner Rolls (2) FEATURED VEGGIES Mashed Potatoes w/ Gravy	13 Go Getter Goulash (Non WG Pasta) FEATURED VEGGIES Romaine Side Salad	14 Gratifying Grilled Cheese Sandwich FEATURED VEGGIES Creamy Tomato Soup	
Specialty Pizza: BBQ Chicken or Vegetable 🌱 OR Hummus Platter: Roasted Red Pepper or Chocolate Dippers 🍷					
17 Somersault Sloppy Joe on a WG Bun FEATURED VEGGIES Corn	18 Mighty Mac Burger Salad w/ WG Goldfish Crackers & a WG Dinner Roll FEATURED VEGGIES Crinkle Cut Fries	19 Hula Hoop Hawaiian Meatballs over Rice FEATURED VEGGIES Broccoli	20 Take a Walk Waffles w/ a Fried Chicken Leg FEATURED VEGGIES Green Beans	21 Jump Back Mac & Cheese w/a WG Dinner Roll FEATURED VEGGIES Cherry Tomatoes	
Specialty Pizza: Broccoli Chicken Ranch or Mac & Cheese 🍷 OR Hummus Platter: Sweet Chili or Pumpkin Pie 🍷					
24 Mini Mac Snack Attack Burger on a WG Bun FEATURED VEGGIES Red Pepper Slices	25 Speed Walking Taco w/Chicken Nacho Cheese Doritos Chocolate Chip Cookies FEATURED VEGGIES Tomatoes	26 Heart Pumpin' Pasta w/ Meatballs w/ a WG Garlic Stick (Non WG Pasta) FEATURED VEGGIES Romaine Side Salad	27 Power Punch Orange Chicken & Fried Rice FEATURED VEGGIES Celery Sticks	28 Non-Attendance Day	
Specialty Pizza: White Vegetable 🌱 or Taco OR Hummus Platter: Roasted Red Pepper or Chocolate Dippers 🍷					
31 Tough Guy Chicken Tenders w/ a WG Dinner Roll FEATURED VEGGIES Green Pepper Strips					
Jenny Johns Patterson: General Manager Jean Viglione: Registered Dietitian Suzanne Robertson: Café Services Manager Jess Kremer: Executive Chef			🌱 Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i> (WG) Whole Grain 🌙 Halal  Contains Pork		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

