

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
Specialty Pizza: BBQ Chicken or Vegetable 🌿 OR Hummus Platter: Roasted Red Pepper or Chocolate Dippers 🌿					<p><b>What is a Meal?</b></p> <p>You must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> <li>- Choice of Whole Grain</li> <li>- Choice of Meat/Meat Alternative</li> <li>- Choice of Vegetable</li> <li>- Choice of Fruit</li> <li>- Choice of Milk</li> </ul> <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p><b>Choice of Vegetable May Include:</b></p> <p>Dark Green: spinach, broccoli, romaine salad            Red/Orange: carrots, sweet potatoes, tomatoes &amp; red peppers            Legumes: beans &amp; chick peas            Starchy White: potatoes, corn, peas &amp; lima beans            Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans &amp; cabbage</p> <p><b>Choice of Fruit May Include:</b></p> <p>Oranges, apples, bananas, pears, peaches, strawberries, applesauce, pineapple &amp; mandarin oranges</p> <p><b>Choice of Milk</b></p> <p>1% white, fat-free white, fat-free chocolate</p> <p><b>Daily Entrée Options May Include</b></p> <ul style="list-style-type: none"> <li>-WG Chicken Patty on a Bun</li> <li>-Assorted Fresh Dough Pizza</li> <li>-Smucker's WG Uncrustables Peanut Butter &amp; Jelly 🌿</li> <li>-Sub Sandwiches</li> <li>-Double Cheese Stick Combo w/ WG Mini Loaf &amp; WG Goldfish Crackers 🌿</li> <li>-Assorted Hummus Plates 🌿</li> <li>-Garden Entrée Salad 🌿</li> <li>-Turkey Entrée Salad 🌿</li> </ul> <p>*Salads Served with WG Goldfish Crackers and a WG Dinner Roll</p> <p>*All grains served are whole grain.</p> <p>*All turkey lunch meat and pepperoni served is Halal.</p> <p>*Free breakfast &amp; lunch available to all students when school is in session.</p>
3 Somersault Sloppy Joe on a WG Bun  <b>FEATURED VEGGIES</b> Corn	4 Mighty Mac Burger Salad w/ WG Goldfish Crackers & a WG Dinner Roll  <b>FEATURED VEGGIES</b> Crinkle Cut Fries	5 Hula Hoop Hawaiian Meatballs over Rice  <b>FEATURED VEGGIES</b> Broccoli	6 Take A Walk Waffles w/ a Fried Chicken Leg  <b>FEATURED VEGGIES</b> Green Beans	7 Super Subs  <b>FEATURED VEGGIES</b> Celery Sticks	
Specialty Pizza: Broccoli Chicken Ranch or Mac & Cheese 🌿 OR Hummus Platter: Sweet Chili or Pumpkin Pie 🌿					
10 Mini Mac Snack Attack Burger on a WG Bun  <b>FEATURED VEGGIES</b> Red Pepper Slices	11 Speed Walking Taco w/Chicken & Nacho Cheese Doritos Chocolate Chip Cookies  <b>FEATURED VEGGIES</b> Tomatoes	12 Heart Pumpin' Pasta w/ Meatballs w/ a WG Garlic Stick (Non WG Pasta)  <b>FEATURED VEGGIES</b> Romaine Side Salad	13 Power Punch Orange Chicken & Fried Rice  <b>FEATURED VEGGIES</b> Celery Sticks	14 <b>Valentine's Day</b> Birthday Cake Pancakes Strawberry Yogurt & Cheese Stick  <b>FEATURED VEGGIES</b> Tater Triangles	
Specialty Pizza: White Vegetable 🌿 or Taco OR Hummus Platter: Roasted Red Pepper or Chocolate Dippers 🌿					
17 Non-Attendance Day	18 All Star Soft Shell Beef Tacos  <b>FEATURED VEGGIES</b> Tomatoes	19 Friendly French Toast Sticks w/ Pork Sausage Links Fresh Fruit Cup  <b>FEATURED VEGGIES</b> Sweet Potato Home Fries	20 Chin Up Chicken Mashed Potato Bowl w/ Scooby Snacks  <b>FEATURED VEGGIES</b> Mashed Potatoes Corn	21 Cha Cha Chicken Bacon Ranch Sub  <b>FEATURED VEGGIES</b> Broccoli w/ Cheese	
Specialty Pizza: Philly Steak or Supreme 🐷 OR Hummus Platter: Sweet Chili or Pumpkin Pie 🌿					
24 Healthy Habit Hot Ham & Cheese on a Pretzel Bun  <b>FEATURED VEGGIES</b> Tater Triangles	25 BBQ Beast Mode Boneless Wings w/ a WG Dinner Roll  <b>FEATURED VEGGIES</b> Celery & Carrot Sticks	26 Goal Makin' Bacon Cheeseburger on a WG Bun Lettuce & Tomato Side Available  <b>FEATURED VEGGIES</b> Romaine Side Salad	27 BUFF-alo Chicken Dip w/Tortilla Chips  <b>FEATURED VEGGIES</b> Red Pepper Strips	28 Side Plank Fish Sandwich on a WG Bun  <b>FEATURED VEGGIES</b> Popcorn Cauliflower	
<p>Jenny Johns Patterson: General Manager            Jean Viglione: Registered Dietitian            Suzanne Robertson: Café Services Manager            Jess Kremer: Executive Chef</p> <p>Phone: 814-874-6885            Fax: 814-874-6889</p> <p>🌿 Vegetarian  <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i>            (WG) Whole Grain 🐷 Contains Pork            🌙 Halal</p>					

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

