



Metz
CULINARY MANAGEMENT

Breakfast Menu - Middle School - Breakfast at the Door May 2024

Monday	Tuesday	Wednesday	Thursday	Friday
		5/1/24	5/2/24	5/3/24
		WG Hot Breakfast Sandwich Combo or	WG Hot Breakfast Sandwich Combo or	
		WG Doughnut WG Cocoa Crispy Bites Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Donut Holes Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Banana Mini Loaf WG Goldfish Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate
5/6/24	5/7/24	5/8/24	5/9/24	5/10/24
	WG Hot Breakfast Sandwich Combo or	WG Hot Breakfast Sandwich Combo or	WG Hot Breakfast Sandwich Combo or	
WG Crunch Mania Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Cinna Mini Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Choc Chip Loaf WG Cheez-Its Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Maple Waffle Snaps Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Apple Cinnamon Muffin WG Annie's Bunnies Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate
5/13/24	5/14/24	5/15/24	5/16/24	5/17/24
	WG Hot Breakfast Sandwich Combo or	WG Hot Breakfast Sandwich Combo or	WG Hot Breakfast Sandwich Combo or	
WG Cinnamon Crispy Bites WG Strawberry Bar Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Chocolate Muffin WG Mini Vanilla Wafers Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Banana Mini Loaf WG Chat Snax Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Cinnamon Roll Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG UBR Bar Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate
5/20/24	5/21/24	5/22/24	5/23/24	5/24/24
	WG Hot Breakfast Sandwich Combo or	WG Hot Breakfast Sandwich Combo or	WG Hot Breakfast Sandwich Combo or	
WG Blueberry Lemon Bites WG Choc Elf Bears Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Apple Nutri Grain Bar WG Bug Bites Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Chocolate Chocolate Muffin WG Scooby Snacks Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Chocolate Chip Waffle Snaps Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Blueberry Muffin WG Cheez-Its Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate
5/27/24	5/28/24	5/29/24	5/30/24	5/31/24
	WG Hot Breakfast Sandwich Combo or	WG Hot Breakfast Sandwich Combo or	WG Hot Breakfast Sandwich Combo or	
No School Memorial Day	WG Apple Frudel Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Doughnut WG Cocoa Crispy Bites Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Donut Holes Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Banana Mini Loaf WG Goldfish Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate

Free Breakfast and Lunch available to all students when school is in session.

What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Daily we will feature either 2 single grain breakfast items or 1 double grain breakfast item. All grains featured will be whole grain. They may include: muffins, mini loaves, cereal breakfast bars, crackers, or similar breakfast pastries,

Choice of Milk
Choice of Milk - 1% and
Fat-Free White

Whole Grain Cereal Selection May Include:

Cinnamon Toast Crunch
Reduced-Sugar Trix
Reduced-Sugar Cocoa Puffs
Reduced-Sugar Cinnamon Toast Crunch
Reduced Sugar Froot Loops
Cinnamon Chex

Breakfast at the Door

Breakfast bags to include breakfast featured on the left

Jenny Johns - G.M.
Jean Viglione - Registered Dietician
Shawn Leh - Chef Manager
Jess Kremer - Chef Manager
814-874-6885 (Phone)
814-874-6889 (Fax)

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