






Monday	Tuesday	Wednesday	Thursday	Friday
 <b>Pasta Bar:</b> Pasta topped w/red, alfredo, or cheese sauce. Choose between meatballs or grilled chicken & served with broccoli and a whole grain garlic knot.				
<p>2</p> <p>Kickin' Spicy Chicken Patty on a WG Bun</p> <p><b>FEATURED VEGGIES</b> Corn Apple &amp; Celery Side Salad</p>	<p>3</p> <p>Power Punch Orange Chicken WG Fried Rice</p> <p><b>FEATURED VEGGIES</b> Asian Pepper Slaw Celery Sticks</p>	<p>4</p> <p>Loaded Breakfast Bungee Bowl w/a WG Dinner Roll &amp; WG Goldfish</p> <p><b>FEATURED VEGGIES</b> Tater Tots Red Pepper Strips</p>	<p>5</p> <p>Roundhouse WG Chicken Ramen Bowl</p> <p><b>FEATURED VEGGIES</b> Romaine Side Salad Sautéed Bok Choy</p>	<p>6</p> <p>Victory Veggie &amp; Cheese WG Quesadilla</p> <p><b>FEATURED VEGGIES</b> Green Pepper Strips Sautéed Green Beans</p>
 <b>TEXAS SMOKEHOUSE!</b> Choice of BBQ pulled pork sandwich or breaded chicken leg served w/choice of potato/veg				
<p>9</p> <p>Goal Makin' Bacon Cheeseburger on a WG Bun (Lettuce &amp; Tomato Side Available)</p> <p><b>FEATURED VEGGIES</b> Sideshow Fries Cucumber Slices</p>	<p>10</p> <p>Healthy Habit Ham &amp; Cheese on a WG Pretzel Bun &amp; a Fresh Fruit Cup</p> <p><b>FEATURED VEGGIES</b> Tater Triangles Diced Carrots</p>	<p>11</p> <p>Don't Hurry Chicken Curry Casserole</p> <p><b>FEATURED VEGGIES</b> Celery &amp; Carrot Stick Cup Corn</p>	<p>12</p> <p>Balancing Birria Cheesesteak Nachos</p> <p><b>FEATURED VEGGIES</b> Red Pepper Strips Romaine Side Salad</p>	<p>13</p> <p>Side Plank Fish Sandwich on a WG Bun</p> <p><b>FEATURED VEGGIES</b> Sideshow Fries Green Beans</p>
 <b>Burrito Bowl Bar:</b> Build your burrito bowl with choice of taco beef or chicken or ranch refried beans (🌱). Served with your choice of sides & toppings.				
<p>16</p> <p>Game On Chicken Parmesan Rosa Sandwich</p> <p><b>FEATURED VEGGIES</b> Peas Coleslaw</p>	<p>17</p> <p>Chin Up Mashed Potato Bowl w/ WG Scooby Snacks <b>Strawberry Mango Frozen Juice Cup</b></p> <p><b>FEATURED VEGGIES</b> Mashed Potatoes w/Gravy Corn</p>	<p>18</p> <p>WG Push Up Pancakes w/Syrup &amp; Power Sausage Links and a Cheese Stick</p> <p><b>FEATURED VEGGIES</b> Tater Triangles Cucumbers</p>	<p>19</p> <p>Boxing Butter Chicken w/Whole Grain Flat Bread</p> <p><b>FEATURED VEGGIES</b> Green Beans Garlic Parmesan Broccoli</p>	<p>20</p> <p>Gratifying WG Grilled Cheese Sandwich</p> <p><b>FEATURED VEGGIES</b> Cream of Tomato Soup Diced Carrots</p>
 <b>Picnic Bar:</b> Build your hamburger or hot dog w/assorted toppings & choose from a side of coleslaw, corn on the cob or fries.				
<p>23</p> <p>Mountain Climber Italian Meatball Sub on a WG Bun</p> <p><b>FEATURED VEGGIES</b> Sideshow Fries Kale Citrus Side Salad</p>	<p>24</p> <p>Street Eats WG Beef Walking Taco w/ Tostito Scoops &amp; a WG Dinner Roll</p> <p><b>FEATURED VEGGIES</b> Black Bean &amp; Corn Salad Peas</p>	<p>25</p> <p>Take A Walk WG Waffles w/a Fried Chicken Leg</p> <p><b>FEATURED VEGGIES</b> Green Beans Cucumber Salad w/Dressing</p>	<p>26</p> <p>BBQ Ripped Ribby on a Whole Grain Bun</p> <p><b>FEATURED VEGGIES</b> Corn Green Pepper Strips</p>	<p>27</p> <p><b>Spring Fest</b> Beef Tips w/Gravy over Noodles Spring Cookie</p> <p><b>FEATURED VEGGIES</b> Green Beans Romaine Side Salad</p>
<p>30</p> <p>Non-Attendance Day</p>	<p>31</p> <p>Non-Attendance Day</p>			<p><b>*Free breakfast &amp; lunch available to all students when school is in session</b></p>
<p>Jenny Patterson: General Manager Jean Viglione: Registered Dietitian Suzanne Robertson: Operations Manager Jess Kremer: Executive Chef</p>		<p>Lisa Kaschak: Culinary Center Kitchen Manager <b>Phone: 814-874-6885</b> <b>Fax: 814-874-6889</b></p>		<p> <b>Vegetarian</b> <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i> <b>(WG) Whole Grain</b>  <b>Halal</b>  <b>Contains Pork</b></p>

**What is a Meal?**  
You must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Meat/Meat Alternative
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

**Choice of Vegetable May Include:**

Spinach, broccoli, romaine salad, carrots, sweet potatoes, tomatoes, red peppers, beans, peas, potatoes, corn, celery sticks, cucumbers, cauliflower, green peppers & green beans

**Choice of Fruit May Include:**

Oranges, apples, bananas, grapes, pears, peaches, strawberries, applesauce, pineapple & mandarin oranges

**Choice of Milk:**

1% white, fat-free white, fat-free chocolate

**Daily Entrée Options May Include:**

- WG Chicken Patty on a Bun w/ a Side of Lettuce & Tomato
- Assorted Fresh Dough Pizza
- Smucker's WG Uncrustables
- Peanut Butter & Jelly Sandwich

\*\*Cafeteria will have additional promotions available weekly. Look for promotional signage in the café.

\*All grains served are whole grain.

\*All turkey lunch meat and pepperoni served is Halal.

