

Monday	Tuesday	Wednesday	Thursday	Friday
1 Assorted Whole Grain Items  100% Fruit Juice Apple Choice of Milk	2 Assorted Whole Grain Items  100% Fruit Juice Apple Choice of Milk	3 Assorted Whole Grain Items  100% Fruit Juice Apple Choice of Milk	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

### What is a Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Daily we will feature either 2 single grain breakfast items or 1 double grain breakfast item. All grains featured will be whole grain. They may include: muffins, mini loaves, cereal breakfast bars, crackers, or similar breakfast pastries.

### Fruit Options May Include:

100% fruit juice, apples

### Choice of Milk

1% white, fat-free white, fat-free chocolate

### Breakfast At The Door

Breakfast bags to include breakfast featured on the left.

**\*Free breakfast & lunch available to all students when school is in session.**

Jenny Patterson: General Manager  
Jean Viglione: Registered Dietitian  
Suzanne Robertson: Operations Manager  
Jess Kremer: Executive Chef

Lisa Kaschak: Culinary  
Center Kitchen Manager  
**Phone: 814-874-6885**  
**Fax: 814-874-6889**



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

