


Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Monday – Shawarma Bar Tuesday – Boneless Wing Bar</p>				
1 Chicken Legs & WG Waffles FEATURED VEGGIES Potato Wedges Mixed Veggies	2 Buffalo Chicken Dip w/WG Tortilla Chips FEATURED VEGGIES Corn w/Peppers	3 Philly Cheesesteak on a WG Pretzel Bun or Fish Sandwich on WG Ciabatta Bread FEATURED VEGGIES Homefries	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			<p>*Free breakfast & lunch available to all students when school is in session</p>
<p>Jenny Patterson: General Manager Jean Viglione: Registered Dietitian Suzanne Robertson: Operations Manager Jess Kremer: Executive Chef</p>		<p>Lisa Kaschak: Culinary Center Kitchen Manager Phone: 814-874-6885 Fax: 814-874-6889</p>		<p> Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p>(WG) Whole Grain</p> <p> Halal  Contains Pork</p>

What is a Meal?
You must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Meat/Meat Alternative
- Choice of Vegetable
 - Choice of Fruit
 - Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable May Include:
Spinach, broccoli, romaine salad, carrots, sweet potatoes, tomatoes, red peppers, beans, peas, potatoes, corn, celery sticks, cucumbers, cauliflower, green peppers & green beans

Choice of Fruit May Include:
Oranges, apples, bananas, grapes, pears, peaches, strawberries, applesauce, pineapple & mandarin oranges

Choice of Milk:
1% white, fat-free white, fat-free chocolate

Daily Entrée Options May Include:
-WG Chicken Patty on a Bun w/ a Side of Lettuce & Tomato
-Assorted Fresh Dough Pizza
-Smucker's WG Uncrustables
Peanut Butter & Jelly Sandwich 🍌

**Cafeteria will have additional promotions available weekly. Look for promotional signage in the café.

*All grains served are whole grain.

*All turkey lunch meat and pepperoni served is Halal.





Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

