

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
BRAVO! Shawarma! Choice of beef kofta meatballs, chicken shawarma, or falafel (V) over lemon-scented rice or pita. Choice of Toppings and Sauces					What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Meat/Meat Alternative - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch. Choice of Vegetable May Include: Spinach, broccoli, romaine salad, carrots, sweet potatoes, tomatoes, red peppers, beans, peas, potatoes, corn, celery sticks, cucumbers, cauliflower, green peppers & green beans Choice of Fruit May Include: Oranges, apples, bananas, grapes, pears, peaches, strawberries, applesauce, pineapple & mandarin oranges Choice of Milk: 1% white, fat-free white, fat-free chocolate Daily Entrée Options May Include: -WG Chicken Patty on a Bun w/ a Side of Lettuce & Tomato -WG Chicken Nuggets w/ WG Dinner Roll -Assorted Fresh Dough Pizza -Smucker's WG Uncrustables Peanut Butter & Jelly Sandwich (V) -Salad Bar -Hummus Plates (V) **Cafeteria will have additional promotions available weekly. Look for promotional signage in the café. *All grains served are whole grain. *All turkey lunch meat and pepperoni served is Halal. *Free breakfast & lunch available to all students when school is in session.
				Veggie & Cheese Quesadilla (V) FEATURED VEGGIES Celery Sticks Sautéed Green Beans	
BRAVO! Boneless Wing Bar! Choice of sauce & seasonings . Tossed to order. Served with a WG dinner roll and choice of potato/veg.					
4 Non-Attendance Day	5 Non-Attendance Day	6 Asian Chicken Noodle Bowl FEATURED VEGGIES Asian Pepper Slaw Sautéed Bok Choy	7 Chicken Mashed Potato Bowl w/ Scooby Snacks FEATURED VEGGIES Mashed Potatoes Corn	8 Pulled Pork Sandwich on a WG Bun Fresh Fruit Cup  FEATURED VEGGIES Sweet Potato Home Fries Broccoli w/ Cheese	
BRAVO! TEXAS SMOKEHOUSE! Choice of BBQ pulled pork or chicken sandwich served w/choice of potato/veg. 					
11 Hot Ham & Cheese on a Pretzel Bun  FEATURED VEGGIES Hash Brown Patties Green Peppers	12 Chicken Curry Casserole FEATURED VEGGIES Corn Romaine Side Salad	13 Chicken Tenders w/ a WG Pretzel FEATURED VEGGIES Tomatoes Zesty Country Green Beans	14 Buffalo Chicken Dip w/ Tortilla Chips FEATURED VEGGIES Garlic Parmesan Broccoli Celery Sticks	15 Fish Sandwich on a WG Bun FEATURED VEGGIES French Fries Coleslaw	
BRAVO! Hot Dog Bar: Build your hot dog w/assorted toppings & choose from a side of baked beans, coleslaw or french fries. 					
18 Chicken Ranch Wrap FEATURED VEGGIES Roasted Zucchini Cucumbers	19 Beef Walking Taco w/ Tostito Scoops FEATURED VEGGIES Black Bean & Corn Salad Red Pepper Strips	20 Fall Fest Sliced Turkey w/Gravy & a WG Dinner Roll Pumpkin Orange & Lime Frozen Fruit Juice Cup & Pumpkin Pie FEATURED VEGGIES Mashed Potatoes w/Gravy Corn	21 Crispy Chicken Salad w/ Fries FEATURED VEGGIES French Fries Apple & Celery Side Salad	22 Pepperoni & Cheese Calzone w/Marinara Sauce Cup  FEATURED VEGGIES Popcorn Cauliflower Romaine Side Salad	
25 Non-Attendance Day	26 Non-Attendance Day	27 Non-Attendance Day	28 No School Thanksgiving Day	29 No School	
Jenny Johns Patterson: General Manager Jean Viglione: Registered Dietitian Suzanne Robertson: Café Services Manager Jess Kremer: Executive Chef			(V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i> (WG) Whole Grain  Halal  Contains Pork		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

