

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
BRAVO! Pasta Bar: Pasta topped w/red or alfredo sauce. Choose between meatballs or grilled chicken & serve w/a whole grain breadstick.					What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Meat/Meat Alternative - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.
3 Somersault Sloppy Joe on a WG Bun FEATURED VEGGIES Tater Triangle Peas	4 Mighty Mac Burger Salad w/ WG Goldfish Crackers & a WG Dinner Roll FEATURED VEGGIES French Fries Cucumbers	5 Hula Hoop Hawaiian Meatballs over Rice FEATURED VEGGIES Broccoli Coleslaw	6 Take A Walk Waffles w/ a Fried Chicken Leg FEATURED VEGGIES Cucumber Salad Green Beans	7 Super Subs FEATURED VEGGIES Celery Sticks	
BRAVO! Shawarma! Choice of beef kofta meatballs, chicken shawarma, or falafel over lemon-scented rice or pita. Choice of Toppings and Sauces.					Choice of Vegetable May Include: Spinach, broccoli, romaine salad, carrots, sweet potatoes, tomatoes, red peppers, beans, peas, potatoes, corn, celery sticks, cucumbers, cauliflower, green peppers & green beans Choice of Fruit May Include: Oranges, apples, bananas, grapes, pears, peaches, strawberries, applesauce, pineapple & mandarin oranges Choice of Milk: 1% white, fat-free white, fat-free chocolate
10 Mini Mac Snack Attack Burger on a WG Bun FEATURED VEGGIES Garbanzo Beans Red Pepper Strips	11 Speed Walking Taco w/Chicken & Nacho Cheese Doritos Choc Chip Cookies FEATURED VEGGIES Corn Potato Wedges	12 Game On Chicken Parmesan Sandwich FEATURED VEGGIES French Fries Romaine Side Salad	13 Power Punch Orange Chicken & Fried Rice FEATURED VEGGIES Stir Fry Vegetables Baby Carrots	14 Valentine's Day Birthday Cake Pancakes Strawberry Yogurt & Cheese Stick FEATURED VEGGIES Tater Triangles Celery Sticks	
BRAVO! Boneless Wing Bar! Choice of sauce & seasonings . Tossed to order. Served with a WG dinner roll and choice of potato/veg.					Daily Entrée Options May Include: -WG Chicken Patty on a Bun w/ a Side of Lettuce & Tomato -WG Chicken Nuggets w/ WG Dinner Roll -Assorted Fresh Dough Pizza -Smucker's WG Uncrustables Peanut Butter & Jelly Sandwich -Salad Bar -Hummus Plates **Cafeteria will have additional promotions available weekly. Look for promotional signage in the café. *All grains served are whole grain. *All turkey lunch meat and pepperoni served is Halal. *Free breakfast & lunch available to all students when school is in session.
17 Non-Attendance Day	18 All Star Beef Soft Taco Supreme FEATURED VEGGIES Yellow Beans Street Corn Salad	19 Pulled Pork Sandwich on a WG Bun Fresh Fruit Cup FEATURED VEGGIES Sweet Potato Home Fries Broccoli w/ Cheese	20 Chin Up Chicken Mashed Potato Bowl w/ Scooby Snacks FEATURED VEGGIES Mashed Potatoes Corn	21 Transformation Asian Chicken Noodle Bowl FEATURED VEGGIES Asian Pepper Slaw Sautéed Bok Choy	
BRAVO! TEXAS SMOKEHOUSE! Choice of BBQ pulled pork or chicken sandwich served w/choice of potato/veg					Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i> (WG) Whole Grain Contains Pork Halal
24 Healthy Habit Hot Ham & Cheese on a Pretzel Bun FEATURED VEGGIES Tater Triangles Green Peppers	25 Don't Hurry Chicken Curry Casserole FEATURED VEGGIES Corn Romaine Side Salad	26 Tough Guy Chicken Tenders w/ a WG Dinner Roll FEATURED VEGGIES Tomatoes Zesty Country Green Beans	27 BUFF-alo Chicken Dip w/ Tortilla Chips FEATURED VEGGIES Garlic Parmesan Broccoli Celery Sticks	28 Side Plank Fish Sandwich on a WG Bun FEATURED VEGGIES French Fries Coleslaw	
Jenny Johns Patterson: General Manager Jean Viglione: Registered Dietitian Suzanne Robertson: Café Services Manager Jess Kremer: Executive Chef Phone: 814-874-6885 Fax: 814-874-6889					

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

