



**Metz**  
CULINARY MANAGEMENT

## Breakfast Menu - Erie High - Breakfast at the Door February 2024

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>2/1/24</b>	<b>2/2/24</b>
		WG Hot Breakfast Sandwich Combo or WG Hot Breakfast Sandwich Combo		
			WG Maple Waffle Snaps  Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Apple Cinnamon Muffin WG Annie's Bunnies Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate
<b>2/5/24</b>	<b>2/6/24</b>	<b>2/7/24</b>	<b>2/8/24</b>	<b>2/9/24</b>
		WG Hot Breakfast Sandwich Combo or WG Hot Breakfast Sandwich Combo		
WG Cinnamon Crispy Bites WG Strawberry Bar Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Chocolate Muffin WG Mini Vanilla Wafers Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Banana Mini Loaf WG Chat Snax Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Cinnamon Roll  Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG UBR Bar  Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate
<b>2/12/24</b>	<b>2/13/24</b>	<b>2/14/24</b>	<b>2/15/24</b>	<b>2/16/24</b>
		WG Hot Breakfast Sandwich Combo or WG Hot Breakfast Sandwich Combo		
WG Blueberry Lemon Bites WG Choc Elf Bears Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Apple Nutri Grain Bar WG Bug Bites Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Choc Choc Muffin WG Scooby Snacks Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Chocolate Chip Waffle Snaps  Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Blueberry Muffin WG Cheez-Its Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate
<b>2/19/24</b>	<b>2/20/24</b>	<b>2/21/24</b>	<b>2/22/24</b>	<b>2/23/24</b>
		WG Hot Breakfast Sandwich Combo or WG Hot Breakfast Sandwich Combo		
No School	WG Apple Frudel  Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Doughnut WG Cocoa Crispy Bites Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Donut Holes  Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Banana Mini Loaf WG Goldfish Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate
<b>2/26/24</b>	<b>2/27/24</b>	<b>2/28/24</b>	<b>2/29/24</b>	
		WG Hot Breakfast Sandwich Combo or WG Hot Breakfast Sandwich Combo		
WG Crunch Mania  Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Cinna Mini  Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Choc Chip Loaf WG Cheez-Its Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	WG Maple Waffle Snaps  Assorted 100% Fruit Juice Apple Choice of Milk 1% White, Skim or Fat-Free Chocolate	

**Free Breakfast and Lunch available to all students when school is in session.**

**What is a Meal?**

You must choose at least 3 of the 4 components available for the school breakfast price.

Daily we will feature either 2 single grain breakfast items or 1 double grain breakfast item. All grains featured will be whole grain. They may include: muffins, mini loaves, cereal breakfast bars, crackers, or similar breakfast pastries,

Choice of Milk  
Choice of Milk - 1% and Fat-Free White

**Whole Grain Cereal Selection May Include:**

Cinnamon Toast Crunch  
Reduced-Sugar Trix  
Reduced-Sugar Cocoa Puffs  
Reduced-Sugar Cinnamon Toast Crunch  
Reduced Sugar Froot Loops  
Cinnamon Chex

**Breakfast at the Door**

Breakfast bags to include breakfast featured on the left

Jenny Johns - G.M.  
Jean Viglione - Registered Dietician  
Shawn Leh - Chef Manager  
Jess Kremer - Chef Manager  
814-874-6885  
814-874-6889

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