

May 2024

ERIE'S PUBLIC SCHOOL LUNCH MENU

Elementary/Erie Intervention/Eagle's Nest



What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate

USDA is an equal opportunity provider & employer.

Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine & spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas - Chick peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:

oranges, apples, bananas, pears, peaches, strawberries, applesauce, pineapple, 100% fruit juices & mandarin oranges

***Free breakfast & lunch available to all students when school is in session.**

***All grains offered are whole grain.**

Daily entree options may include:

Turkey Entree Salad w/Goldfish Crackers*

Vegetarian Garden Salad w/Goldfish Crackers*

Smucker's Uncrustable PB&J w/Cheese Stick*

String Cheese & Yogurt Combo w/ Goldfish Crackers*

*Additional whole grain soft pretzel is available upon request.

Options also include: milk, fruit, & vegetable.

Menu subject to change based on availability.

Jenny Johns - General Manager

Jean Viglione - Registered Dietitian

Jess Kremer - Chef Manager

Shawn Leh - Chef Manager

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Nutritious Friends

Look for our Nutritious Friend of the

Month on the menu!!

This Month.....Sugar Snap Peas!

May 2024

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken Patty on a Whole Grain Bun Featured Veggies: Peas Choice of Fruit Choice of Milk	2 Ham & Cheese on a WG Bun Turkey & Cheese on WG Bun: Pfeiffer-Burleigh, McKinley Eagle's Nest, Intervention Featured Veggies: French Fries Choice of Fruit Choice of Milk	3 Chicken Nuggets w/a Whole Grain Soft Pretzel Featured Veggies: Diced Carrots Choice of Fruit Choice of Milk
6 Hamburger on a Whole Grain Bun Featured Veggies: Green Beans Choice of Fruit Choice of Milk	7 Boneless Chicken Bites w/ WG Goldfish Crackers Featured Veggies: French Fries Choice of Fruit Choice of Milk	8 Superfruit Craveable w/ an Orange Mini Loaf Featured Veggies: Side Salad Choice of Fruit Choice of Milk	9 Sweet 'n Sour Chicken Fried Rice Domino's Pizza: Lincoln, Harding, PB, RB Wiley 1 Featured Veggies: Peas Choice of Fruit Choice of Milk	10 Egg & Cheese Bagel Sandwich Featured Veggies: Red Pepper Strips Choice of Fruit Choice of Milk
13 Hot Dog on a Whole Grain Bun Featured Veggies: Green Pepper Strips Choice of Fruit Choice of Milk	14 BBQ Chicken Nachos w/ Tostito Scoops Featured Veggies: Tomatoes Choice of Fruit Choice of Milk	15 Cheeseburger on a Whole Grain Bun Featured Veggies: Diced Carrots Choice of Fruit Choice of Milk	16 Chicken Mashed Potato Bowl w/Diced Chicken & Scooby Snacks Featured Veggies: Mashed Potatoes & Corn Choice of Fruit Choice of Milk	17 Chicken Pizza Craveable w/ Sliced Apples Featured Veggies: Side Salad Choice of Fruit Choice of Milk
20 Chicken Patty on a Whole Grain Bun Featured Veggies: French Fries Choice of Fruit Choice of Milk	21 BBQ Boneless Chicken Wings Whole Grain Soft Pretzel Featured Veggies: Celery & Carrot Stick Cup Choice of Fruit Choice of Milk	22 Chicken & Gravy over Biscuits Featured Veggies: Peas Choice of Fruit Choice of Milk	23 Taco Pizza Domino's Pizza: Connell, Jefferson, McKinley, Erie Int & Eagle's Nest Featured Veggies: Red Pepper Strips Choice of Fruit Choice of Milk	24 Fish Sticks w/an Orange Mini Loaf Featured Veggies: Side Salad Choice of Fruit Choice of Milk
27 No School Memorial Day	28 Beef Walking Taco w/Tostito Scoops Featured Veggies: Red Pepper Strips Choice of Fruit Choice of Milk	29 Pizza Burger on a Whole Grain Bun Featured Veggies: Peas Choice of Fruit Choice of Milk	30 Pancake Chicken Sausage Bites w/ a Chocolate Chip Mini Loaf Featured Veggies: Tater Triangles Choice of Fruit Choice of Milk	31 Chicken Nuggets w/a Whole Grain Soft Pretzel Featured Veggies: Side Salad Choice of Fruit Choice of Milk