






















**Meet Your Nutritious Friend:  
Radical Radish**

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
 <p>3 Dr. Seuss Day WG Gratifying Grilled Cheese Sandwich  <b>FEATURED VEGGIES</b> Peas Red Fish Blue Applesauce</p>	<p>4 Speed Walking Taco w/Beef Tostito Scoops &amp; Heartzels  <b>FEATURED VEGGIES</b> Red Pepper Strips</p>	<p>5 Ash Wednesday Surfing Superfruit Craveable w/a Blueberry Mini Loaf  <b>FEATURED VEGGIES</b> Tomatoes</p>	<p>6 Push Up Pancakes w/Syrup &amp; Pork Sausage Links  <b>FEATURED VEGGIES</b> Tater Triangles</p>	<p>7 Pizza Bagels  <b>FEATURED VEGGIES</b> Celery Sticks</p>	<p><b>What is a Meal?</b> You must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> <li>- Choice of Whole Grain</li> <li>- Choice of Meat/Meat Alternative</li> <li>- Choice of Vegetable</li> <li>- Choice of Fruit</li> <li>- Choice of Milk</li> </ul> <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p><b>Choice of Vegetable May Include:</b> Dark Green-Spinach, broccoli, romaine salad Red/Orange-Carrots, sweet potatoes, tomatoes, red peppers Beans/Peas-Chick Peas Starchy-White potatoes, corn &amp; lima beans Other Vegetables-celery sticks, cucumbers, cauliflower, green peppers, green beans &amp; cabbage</p> <p><b>Choice of Fruit May Include:</b> Oranges, apples, bananas, pears, peaches, strawberries, applesauce, pineapple, &amp; mandarin oranges</p> <p><b>Choice of Milk</b> 1% white, fat-free white, fat-free chocolate</p> <p><b>Daily Entrée Options May Include:</b> -Turkey Entrée Salad w/ WG Goldfish Crackers  -Vegetarian Garden Entrée Salad w/WG Goldfish Crackers  -Smucker's WG Uncrustables PB&amp;J w/Cheese Stick  -String Cheese &amp; Yogurt Combo w/WG Goldfish Crackers  -Turkey &amp; Cheese Sandwich  Options also include milk, fruit &amp; vegetable. *Additional WG dinner roll available upon request</p>
<p>10 Champion Cheeseburger on a WG Bun  <b>FEATURED VEGGIES</b> French Fries</p>	<p>11 Hip Hop Hot Dog on a WG Bun  <b>FEATURED VEGGIES</b> Vegetarian Baked Beans</p>	<p>12 Kickin' Chicken &amp; Waffle Sandwich <b>FEATURED VEGGIES</b> Green Beans</p>	<p>13 Go Getter Goulash (Non WG Pasta) Domino's Pizza: Edison, Diehl, Cleveland, Perry <b>FEATURED VEGGIES</b> Romaine Side Salad</p>	<p>14 WG Gratifying Grilled Cheese Sandwich  <b>FEATURED VEGGIES</b> Broccoli</p>	
<p>17 Somersault Sloppy Joe on a WG Bun <b>FEATURED VEGGIES</b> Corn</p>	<p>18 Corn Downward Dog  <b>FEATURED VEGGIES</b> Tomatoes</p>	<p>19 Hula Hoop Hawaiian Meatballs over Rice <b>FEATURED VEGGIES</b> Broccoli</p>	<p>20 Take a Walk Waffles w/ a Fried Chicken Leg  <b>FEATURED VEGGIES</b> Green Beans</p>	<p>21 Jump Back Mac &amp; Cheese (Non WG Pasta)  <b>FEATURED VEGGIES</b> Cucumbers</p>	
<p>24 Mini Mac Snack Attack Burger on a WG Bun <b>FEATURED VEGGIES</b> Red Pepper Strips</p>	<p>25 Speed Walking Taco w/Chicken Nacho Cheese Doritos &amp; a Grandma's Chocolate Chip Cookie <b>FEATURED VEGGIES</b> Tomatoes</p>	<p>26 Heart Pumpin' Pasta w/ Meatballs (Non WG Pasta) <b>FEATURED VEGGIES</b> Romaine Side Salad</p>	<p>27 Power Punch Orange Chicken &amp; Fried Rice Domino's Pizza: RB Wiley, Lincoln, Harding, PB <b>FEATURED VEGGIES</b> Celery Sticks</p>	<p>28 Non-Attendance Day</p>	
<p>31 Tough Guy Chicken Tenders w/ a WG Dinner Roll <b>FEATURED VEGGIES</b> Green Pepper Strips</p>				<p>*Free breakfast &amp; lunch available to all students when school is in session *All grains offered are whole grain *All turkey lunch meat &amp; pepperoni served is Halal </p>	

Jenny Johns Patterson: General Manager  
Jean Viglione: Registered Dietitian  
Suzanne Robertson: Café Services Manager  
Jess Kremer: Executive Chef

Phone: 814-874-6885  
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 **Vegetarian**  
These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg  
**(WG) Whole Grain**  
 **Halal**  **Contains Pork**



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.