



Metz
CULINARY MANAGEMENT

May 2024 Breakfast Menu Elementary, Eagle's Nest, DiPaolo & Erie Intervention

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|--|
| | | 5/1/24 | 5/2/24 | 5/3/24 |
| | | WG Cocoa Puffs WG Graham Cracker Assorted 100% Fruit Juice Apple Choice of Milk 1% or Skim | WG Blueberry Mini Loaf WG Cocoa Crispy Bites Assorted 100% Fruit Juice Apple Choice of Milk 1% or Skim | WG Banana Mini Loaf WG Goldfish Assorted 100% Fruit Juice Apple Choice of Milk 1% or Skim |
| 5/6/24 | 5/7/24 | 5/8/24 | 5/9/24 | 5/10/24 |
| WG Cheerios WG Cheez-Its Assorted 100% Fruit Juice Apple Choice of Milk 1% or Fat-Free | WG Cocoa Puffs WG Berry Animal Crackers Assorted 100% Fruit Juice Apple Choice of Milk 1% or Fat-Free | WG Crunch Mania Assorted 100% Fruit Juice Apple Choice of Milk 1% or Fat-Free | WG Maple Waffle Snaps Assorted 100% Fruit Juice Apple Choice of Milk 1% or Fat-Free | WG Apple Cinn Muffin WG Annie's Bunnies Assorted 100% Fruit Juice Apple Choice of Milk 1% or Fat-Free |
| 5/13/24 | 5/14/24 | 5/15/24 | 5/16/24 | 5/17/24 |
| WG Trix WG Chat Snax Assorted 100% Fruit Juice Apple Choice of Milk 1% or Skim | WG Cinnamon Toast Crunch WG Mini Vanilla Wafers Assorted 100% Fruit Juice Apple Choice of Milk 1% or Skim | WG Cinnamon Crispy Bites WG Strawberry Bar Assorted 100% Fruit Juice Apple Choice of Milk 1% or Skim | WG Cinnamon Roll Assorted 100% Fruit Juice Apple Choice of Milk 1% or Skim | WG UBR Bar Assorted 100% Fruit Juice Apple Choice of Milk 1% or Skim |
| 5/20/24 | 5/21/24 | 5/22/24 | 5/23/24 | 5/24/24 |
| WG Cocoa Puffs WG Scooby Snacks Assorted 100% Fruit Juice Apple Choice of Milk 1% or Skim | WG Froot Loops WG Bug Bites Assorted 100% Fruit Juice Apple Choice of Milk 1% or Skim | WG Blueberry Lemon Bites WG Chocolate Bear Assorted 100% Fruit Juice Apple Choice of Milk 1% or Skim | WG Chocolate Chip Waffle Snaps Assorted 100% Fruit Juice Apple Choice of Milk 1% or Skim | WG Blueberry Muffin WG Cheez-Its Assorted 100% Fruit Juice Apple Choice of Milk 1% or Fat-Free |
| 5/27/24 | 5/28/24 | 5/29/24 | 5/30/24 | 5/31/24 |
| No School Memorial Day | WG Cinnamon Chex WG Cheez-Its Assorted 100% Fruit Juice Apple Choice of Milk 1% or Skim | WG Cocoa Puffs WG Graham Cracker Assorted 100% Fruit Juice Apple Choice of Milk 1% or Skim | WG Blueberry Mini Loaf WG Cocoa Crispy Bites Assorted 100% Fruit Juice Apple Choice of Milk 1% or Skim | WG Banana Mini Loaf WG Goldfish Assorted 100% Fruit Juice Apple Choice of Milk 1% or Skim |

What is a Meal?
You must choose at least 3 of the 4 components available for the school breakfast price.

Daily we will feature either 2 single grain breakfast items or 1 double grain breakfast item. All grains featured will be whole grain. They may include: muffins, mini loaves, cereal breakfast bars, crackers, or similar breakfast pastries,

Choice of Milk
Choice of Milk - 1% and Fat-Free White

Whole Grain Cereal Selection May Include:
Cinnamon Toast Crunch
Reduced-Sugar Trix
Reduced-Sugar Cocoa Puffs
Reduced-Sugar Cinnamon Toast Crunch
Reduced Sugar Froot Loops
Cinnamon Chex

Breakfast at the Door
Breakfast bags to include breakfast featured on the left

Jenny Johns - G.M.
Jean Viglione - Registered Dietician
Shawn Leh - Chef Manager
Jess Kremer - Chef Manager
814-874-6885
814-874-6889

Free Breakfast and Lunch available to all students when school is in session.

USDA is an equal opportunity provider and employer.