



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
*Free breakfast & lunch available to all students when school is in session				1 Egg & Cheese Bagel Sandwich (V)  <b>FEATURED VEGGIES</b> Tater Triangles	<b>What is a Meal?</b> You must choose at least 3 of the 5 components available for the school lunch price.  - Choice of Whole Grain - Choice of Meat/Meat Alternative - Choice of Vegetable - Choice of Fruit - Choice of Milk
4 Non-Attendance Day	5 Non-Attendance Day	6 Chicken Patty on a WG Bun  <b>FEATURED VEGGIES</b> Broccoli	7 Chicken Mashed Potato Bowl w/ Scooby Snacks  <b>FEATURED VEGGIES</b> Mashed Potatoes Corn	8 French Toast Sticks w/ Pork Sausage Links Fresh Fruit Cup   <b>FEATURED VEGGIES</b> Sweet Potato Home Fries	A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.  <b>Choice of Vegetable May Include:</b> Dark Green-Spinach, broccoli, romaine salad Red/Orange-Carrots, sweet potatoes, tomatoes, red peppers Beans/Peas-Chick Peas Starchy-White potatoes, corn & lima beans Other Vegetables-celery sticks, cucumbers, cauliflower, green peppers, green beans & cabbage
11 Pancake Chicken Sausage Bites w/a Chocolate Chip Mini Loaf  <b>FEATURED VEGGIES</b> Hash Brown Patties	12 BBQ Boneless Chicken Wings w/a WG Dinner Roll  <b>FEATURED VEGGIES</b> Celery & Carrot Stick Cup	13 Cheeseburger Mac (Non WG Pasta)  <b>FEATURED VEGGIES</b> Cucumbers	14 Taco Pizza  <b>FEATURED VEGGIES</b> Romaine Side Salad	15 Fish Shapes w/ Chocolate Tiger Bites  <b>FEATURED VEGGIES</b> Cauliflower w/ Cheese	<b>Choice of Fruit May Include:</b> Oranges, apples, bananas, pears, peaches, strawberries, applesauce, pineapple, & mandarin oranges
18 Chicken Nuggets w/a WG Dinner Roll  <b>FEATURED VEGGIES</b> Cucumbers	19 Beef Walking Taco w/Tostito Scoops & Heartzels  <b>FEATURED VEGGIES</b> Red Pepper Strips	<b>Fall Fest</b> 20 Sliced Turkey w/Gravy and a WG Dinner Roll Pumpkin Orange & Lime Frozen Juice Cup  <b>FEATURED VEGGIES</b> Mashed Potatoes w/Gravy Corn	21 Pancakes w/ Syrup & Pork Sausage Links   <b>FEATURED VEGGIES</b> Tater Triangles	22 Garlic French Bread Pizza w/ Marinara Sauce Cup (V)  <b>FEATURED VEGGIES</b> Celery Sticks	<b>Choice of Milk</b> 1% white, fat-free white, fat-free chocolate
25 Non-Attendance Day	26 Non-Attendance Day	27 Non-Attendance Day	28 No School Thanksgiving Day	29 No School	<b>Daily Entrée Options May Include:</b> -Smucker's Uncrustable PB&J (V) -Cheese or Cheese/Pepp Pizza 🍷 -Chicken Patty on a WG Bun -Milk, fruit & vegetable (V) -Turkey & Cheese Sandwich 🍷  *All grains served are whole grain.  *All turkey lunch meat and pepperoni served is Halal.

Jenny Johns Patterson: General Manager  
Jean Viglione: Registered Dietitian  
Suzanne Robertson: Café Services Manager  
Jess Kremer: Executive Chef

Phone: 814-874-6885  
Fax: 814-874-6889

(V) Vegetarian  
These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg  
(WG) Whole Grain  
🍷 Halal Contains Pork

