



Monday	Tuesday	Wednesday	Thursday	Friday	
					1
*All turkey lunch meat & pepperoni served is Halal 👍					
4 Non-Attendance Day	5 Non-Attendance Day	6 Hummus Dipper Platter (V) Green Pepper Strips Apple Slices Choice of Milk	7 Cheese Pizza Craveable (V) Celery Sticks Fruit Juice Choice of Milk	8	
11 PB & J Uncrustable (V) Cheese Stick Baby Carrots Fresh Apple Choice of Milk	12 Superfruit Craveable (V)  Cherry Tomatoes Choice of Milk	13 👍 Turkey & Cheese Snack Platter w/Goldfish Crackers & Heartzels Green Pepper Strips Fresh Orange Choice of Milk	14 Breakfast Craveable (V)  Cucumber Slices Grapes Choice of Milk	15	
18 Yogurt & Cheese Stick Combo & Mini Loaf (V) Sliced Cucumbers Banana Choice of Milk	19 PB & J Uncrustable (V) Cheese Stick Baby Carrots Fresh Apple Choice of Milk	20 Peach/Strawberry Yogurt Parfait (V) Celery Sticks Choice of Milk	21 Nacho Craveable (V)  Red Pepper Strips Sliced Apples Choice of Milk	22	
25 Non-Attendance Day	26 Non-Attendance Day	27 Non-Attendance Day	28 No School Thanksgiving Day	29	
Jenny Johns Patterson: General Manager Jean Viglione: Registered Dietitian Suzanne Robertson: Café Services Manager Jess Kremer: Executive Chef			Phone: 814-874-6885 Fax: 814-874-6889		Afterschool snack is available to students for free when school is in session.

**What is a Meal?**

A student must take 3 of the 5 components available for a reimbursable dinner. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable dinner.

- Meat or meat alternate
- Vegetable
- Fruit
- Whole Grain/Bread
- Choice of Milk: 1% white, fat-free white & fat-free
- Chocolate

All grains offered are whole grain.



Menu subject to change based on availability.

USDA is an equal opportunity provider and employer.

**(V) Vegetarian**

These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

**(WG) Whole Grain**

👍 Halal 🐷 Contains Pork

