






















Monday	Tuesday	Wednesday	Thursday	Friday	
3 Yogurt & Cheese Stick Combo & Mini Loaf Sliced Cucumbers  Banana Choice of Milk	4 PB & J Uncrustable & Cheese Stick  Baby Carrots Fresh Apple Choice of Milk	5 Peach/Strawberry Yogurt Parfait  Celery Sticks Choice of Milk	6 Nacho Craveable  Red Pepper Strips Sliced Apples Choice of Milk	7	<p><b>What is a Meal?</b></p> <p>A student must take 3 of the 5 components available for a reimbursable dinner. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable dinner.</p> <p><b>Meat or meat alternate</b>  <b>Vegetable</b>  <b>Fruit</b>  <b>Whole Grain/Bread</b>  <b>Choice of Milk: 1% white, fat-free white &amp; fat-free Chocolate</b></p> <p>All grains offered are whole grain.</p>  <p>Menu subject to change based on availability.</p> <p>USDA is an equal opportunity provider and employer.</p> <p> <b>Vegetarian</b>                      These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg  <b>(WG) Whole Grain</b>   Halal  Contains Pork</p>
10 PB & J Uncrustable & Cheese Stick  Baby Carrots Fresh Apple Choice of Milk	 11 Turkey & Cheese on a WG Croissant Cucumber Slices Fresh Orange Choice of Milk	12 Italian Pasta & Grilled Chicken Salad Cherry Tomatoes Banana Choice of Milk	13 Cheese Pizza Craveable  Celery Sticks Fruit Juice Choice of Milk	14	
17 Yogurt & Cheese Stick Combo & Mini Loaf  Sliced Cucumbers Banana Choice of Milk	18 PB & J Uncrustable & Cheese Stick  Baby Carrots Fresh Apple Choice of Milk	 19 Turkey & Cheese Snack Platter w/Goldfish Crackers & Heartzels Green Pepper Strips Fresh Orange Choice of Milk	20 Breakfast Craveable  Cucumber Slices Grapes Choice of Milk	21	
24 PB & J Uncrustable & Cheese Stick  Baby Carrots Fresh Apple Choice of Milk	 25 Turkey & Cheese on a WG Croissant Cucumber Slices Fresh Orange Choice of Milk	26 Peach/Strawberry Yogurt Parfait  Celery Sticks Choice of Milk	27 Nacho Craveable  Red Pepper Strips Sliced Apples Choice of Milk	28	
31 Yogurt & Cheese Stick Combo & Mini Loaf  Sliced Cucumbers Banana Choice of Milk				*All turkey lunch meat & pepperoni served is Halal 	

Jenny Johns Patterson: General Manager  
 Jean Viglione: Registered Dietitian  
 Suzanne Robertson: Café Services Manager  
 Jess Kremer: Executive Chef

Phone: 814-874-6885  
 Fax: 814-874-6889

Afterschool snack is available to students for free when school is in session.



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.