


















Monday	Tuesday	Wednesday	Thursday	Friday	
	PB & J Uncrustable (WG)  Cheese Stick Baby Carrots Fresh Apple Choice of Milk	WG Hummus Dipper Platter  Green Pepper Strips Apple Slices Choice of Milk	WG Cheese Pizza Craveable  Celery Sticks Fruit Juice Choice of Milk		<p><b>What is a Meal?</b></p> <p>A student must take 3 of the 5 components available for a reimbursable dinner. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable dinner.</p> <p><b>Meat or meat alternate</b>  <b>Vegetable</b>  <b>Fruit</b>  <b>Whole Grain/Bread</b>  <b>Choice of Milk: 1% white, fat-free white &amp; fat-free Chocolate</b></p> <p>All grains offered are whole grain.</p>  <p>Menu subject to change based on availability.</p> <p>USDA is an equal opportunity provider and employer.</p> <p> <b>Vegetarian</b>                      These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg                      (WG) <b>Whole Grain</b>   Halal  Contains Pork</p>
PB & J Uncrustable (WG)  Cheese Stick Baby Carrots Fresh Apple Choice of Milk	WG Superfruit Craveable  Cherry Tomatoes Choice of Milk	 Turkey & Cheese Snack Platter w/ WG Goldfish Crackers & WG Heartzels Green Pepper Strips Fresh Orange Choice of Milk	WG Breakfast Craveable  Cucumber Slices Grapes Choice of Milk		
14 Non-Attendance Day	15 Non-Attendance Day	16 Non-Attendance Day	17 Non-Attendance Day	18 Non-Attendance Day	
21 No School	22 PB & J Uncrustable (WG)  Cheese Stick Baby Carrots Fresh Apple Choice of Milk	23 Peach/Strawberry Yogurt Parfait w/WG Granola  Celery Sticks Choice of Milk	24 WG Nacho Craveable  Red Pepper Strips Sliced Apples Choice of Milk	25	
28 PB & J Uncrustable (WG)  Cheese Stick Baby Carrots Fresh Apple Choice of Milk	 Turkey & Cheese on a WG Croissant Cucumber Slices Fresh Orange Choice of Milk	30 Italian WG Pasta & Grilled Chicken Salad Cherry Tomatoes Banana Choice of Milk		*All turkey lunch meat & pepperoni served is Halal 	
Jenny Johns Patterson: General Manager Jean Viglione: Registered Dietitian Suzanne Robertson: Café Services Manager Jess Kremer: Executive Chef	Phone: 814-874-6885 Fax: 814-874-6889	Afterschool snack is available to students for free when school is in session.	