



Metz
CULINARY MANAGEMENT

February 2024 Breakfast Menu JoAnna Connell

Monday	Tuesday	Wednesday	Thursday	Friday
			2/1/24	2/2/24
			WG Maple Pancakes Apple from John Schultz Farm	WG Apple Cinn Muffin WG Annie's Bunnies
			Assorted 100% Fruit Juice Choice of Milk 1% or Skim	Assorted 100% Fruit Juice Choice of Milk 1% or Skim
2/5/24	2/6/24	2/7/24	2/8/24	2/9/24
WG Trix WG Chat Snax	Warmed WG Bagel w/Cream Cheese Apple from John Schultz Farm	WG Cinn Crispy Bites WG Strawberry Bar	WG Maple Waffles	WG UBR Bar
Assorted 100% Fruit Juice Choice of Milk 1% or Fat-Free	Assorted 100% Fruit Juice Choice of Milk 1% or Fat-Free	Assorted 100% Fruit Juice Choice of Milk 1% or Fat-Free	Assorted 100% Fruit Juice Choice of Milk 1% or Fat-Free	Assorted 100% Fruit Juice Choice of Milk 1% or Fat-Free
2/12/24	2/13/24	2/14/24	2/15/24	2/16/24
WG Cocoa Puffs WG Scooby Snacks	WG Froot Loops WG Bug Bites	WG Cinnamon Waffles Apple from John Schultz Farm	WG Breakfast Pizza	WG Blueberry Muffin WG Cheez-Its
Assorted 100% Fruit Juice Choice of Milk 1% or Skim	Assorted 100% Fruit Juice Choice of Milk 1% or Skim	Assorted 100% Fruit Juice Choice of Milk 1% or Skim	Assorted 100% Fruit Juice Choice of Milk 1% or Skim	Assorted 100% Fruit Juice Choice of Milk 1% or Skim
2/19/24	2/20/24	2/21/24	2/22/24	2/23/24
No School	WG French Toast Apple from John Schultz Farm	WG Cocoa Puffs WG Graham Cracker	WG Pancake Wrapped Sausage	WG Banana Mini Loaf WG Goldfish
	Assorted 100% Fruit Juice Choice of Milk 1% or Skim	Assorted 100% Fruit Juice Choice of Milk 1% or Skim	Assorted 100% Fruit Juice Choice of Milk 1% or Skim	Assorted 100% Fruit Juice Choice of Milk 1% or Fat-Free
2/26/24	2/27/24	2/28/24	2/29/24	
WG Cheerios WG Cheez-Its	WG Cocoa Puffs WG Berry Animal Crackers Apple from John Schultz Farm	Warmed WG Apple Frudel	WG Mini Blueberry Waffles	
Assorted 100% Fruit Juice Choice of Milk 1% or Skim	Assorted 100% Fruit Juice Choice of Milk 1% or Skim	Assorted 100% Fruit Juice Choice of Milk 1% or Skim	Assorted 100% Fruit Juice Choice of Milk 1% or Skim	

Free Breakfast and Lunch available to all students when school is in session.

What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Daily we will feature either 2 single grain breakfast items or 1 double grain breakfast item. All grains featured will be whole grain. They may include: muffins, mini loaves, cereal breakfast bars, crackers, or similar breakfast pastries,

Choice of Milk
Choice of Milk - 1% and
Fat-Free White

Whole Grain Cereal Selection May Include:

Cinnamon Toast Crunch
Reduced-Sugar Trix
Reduced-Sugar Cocoa Puffs
Reduced-Sugar Cinnamon Toast
Crunch
Reduced Sugar Froot Loops
Cinnamon Chex

Breakfast at the Door

Breakfast bags to include
breakfast featured on the left

Jenny Johns - G.M.
Jean Viglione - Registered Dietician
Shawn Leh - Chef Manager
Jess Kremer - Chef Manager
814-874-6885
814-874-6889

Applesauce offered at the door
as a second fruit.

USDA is an equal opportunity provider and
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