

Monday	Tuesday	Wednesday	Thursday	Friday
Specialty Pizza: Mac & Cheese 🍷 or Buffalo Chicken				
*Free breakfast & lunch available to all students when school is in session		1 Non-Attendance Day	2 Non-Attendance Day	3 No School
6 No School	7 All Star WG Soft Shell Beef Tacos FEATURED VEGGIES Red Pepper Strips	8 Super Power Hot Turkey Sandwich w/Gravy FEATURED VEGGIES Corn	9 Tough Guy Chicken Tenders w/a WG Dinner Roll FEATURED VEGGIES Peas	10 Keep Pushin' Pepperoni & Cheese Calzone w/Pizza Sauce ☾ FEATURED VEGGIES Romaine Side Salad
Specialty Pizza: White Vegetable 🍷 or Philly Cheesesteak				
13 Non-Attendance Day	14 Power Punch Orange Chicken WG Fried Rice FEATURED VEGGIES Celery Sticks	15 Loaded Breakfast Bungie Bowl w/a WG Dinner Roll & WG Goldfish FEATURED VEGGIES Red Pepper Strips	16 Heart Pumpin' Pasta w/Meatballs & a WG Garlic Knot FEATURED VEGGIES Romaine Side Salad	17 Pilates WG Pizza Pierogies 🍷 FEATURED VEGGIES Corn
Specialty Pizza: Supreme 🐷 or Jalapeno Popper 🐷				
20 Goal Makin' Bacon Cheeseburger on a WG Bun (Lettuce & Tomato Side Available) 🐷 FEATURED VEGGIES Sidewinder Fries	21 Healthy Habit Ham & Cheese on a WG Pretzel Bun & a Fresh Fruit Cup 🐷 FEATURED VEGGIES Tater Triangles	22 BBQ Beast Mode Boneless Chicken Wings w/a WG Dinner Roll FEATURED VEGGIES Spring Greens Side Salad	23 Balancing Birria Cheesesteak Nachos FEATURED VEGGIES Romaine Side Salad	24 Side Plank Fish Sandwich on a WG Bun FEATURED VEGGIES Green Beans
Specialty Pizza: White Vegetable 🍷 or Buffalo Chicken				
27 Game On Chicken Parmesan Rosa Sandwich FEATURED VEGGIES Celery Sticks	28 Chin Up Mashed Potato Bowl w/ WG Scooby Snacks FEATURED VEGGIES Mashed Potatoes & Gravy Corn	29 WG Push Up Pancakes w/Syrup & Power Sausage Links OR 2 Cheese Sticks 🐷 FEATURED VEGGIES Tater Triangles	30 Boxing Butter Chicken w/Whole Grain Flat Bread FEATURED VEGGIES Strawberry Spinach Salad	
Jenny Patterson: General Manager Jean Viglione: Registered Dietitian Suzanne Robertson: Operations Manager Jess Kremer: Executive Chef		Lisa Kaschak: Culinary Center Kitchen Manager Phone: 814-874-6885 Fax: 814-874-6889		🍷 Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i> (WG) Whole Grain ☾ Halal 🐷 Contains Pork

What is a Meal?
You must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Meat/Meat Alternative
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable May Include:

- Dark Green: spinach, broccoli, romaine salad
 Red/Orange: carrots, sweet potatoes, tomatoes & red peppers
 Legumes: beans & chick peas
 Starchy White: potatoes, corn, peas & lima beans
 Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans & cabbage

Choice of Fruit May Include:

- Oranges, apples, bananas, fruit juice, pears, peaches, strawberries, applesauce, pineapple & mandarin oranges

Choice of Milk

- 1% white, fat-free white, fat-free chocolate

Daily Entrée Options May Include

- WG Chicken Patty on a Bun
- Assorted Fresh Dough Pizza
- Smucker's WG Uncrustables Peanut Butter & Jelly 🍷
- Sub Sandwiches
- Double Cheese Stick Combo w/ WG Mini Loaf & WG Goldfish Crackers 🍷
- Garden Entrée Salad 🍷
- Turkey Entrée Salad ☾

*Salads Served with WG Goldfish Crackers and a WG Dinner Roll

*All grains served are whole grain.

*All turkey lunch meat and pepperoni served is Halal.



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

