

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>bravo!</b> <b>Shawarma!</b> Choice of beef kofta meatballs, chicken shawarma, or falafel 🍴 over lemon-scented rice or pita. Choice of toppings and sauces.</p>				
<p><b>6</b></p> <p>No School</p>	<p><b>7</b></p> <p>All Star WG Beef Soft Tacos Supreme</p> <p><b>FEATURED VEGGIES</b> Street Corn Salad Yellow Beans</p>	<p><b>8</b></p> <p>Super Power Hot Turkey Sandwich w/Gravy</p> <p><b>FEATURED VEGGIES</b> Corn Mashed Potatoes w/Gravy</p>	<p><b>9</b></p> <p>Tough Guy Chicken Tenders w/a WG Dinner Roll</p> <p><b>FEATURED VEGGIES</b> Peas Tomatoes</p>	<p><b>10</b></p> <p>Keep Pushin' Pepperoni &amp; Cheese Calzone w/ Pizza Sauce</p> <p>☾</p> <p><b>FEATURED VEGGIES</b> Romaine Side Salad Popcorn Cauliflower</p>
<p><b>bravo!</b> <b>Pasta Bar:</b> Pasta topped w/red, alfredo, or cheese sauce. Choose between meatballs or grilled chicken &amp; served with broccoli and a whole grain garlic knot.</p>				
<p><b>13</b></p> <p>Non-Attendance Day</p>	<p><b>14</b></p> <p>Power Punch Orange Chicken WG Fried Rice</p> <p><b>FEATURED VEGGIES</b> Asian Pepper Slaw Celery Sticks</p>	<p><b>15</b></p> <p>Loaded Breakfast Bungee Bowl w/a WG Dinner Roll &amp; WG Goldfish</p> <p><b>FEATURED VEGGIES</b> Tater Tots Red Pepper Strips</p>	<p><b>16</b></p> <p>Roundhouse WG Chicken Ramen Bowl</p> <p><b>FEATURED VEGGIES</b> Romaine Side Salad Sautéed Bok Choy</p>	<p><b>17</b></p> <p>Victory Veggie &amp; Cheese WG Quesadilla</p> <p>🍴</p> <p><b>FEATURED VEGGIES</b> Corn Sautéed Green Beans</p>
<p><b>bravo!</b> <b>TEXAS SMOKEHOUSE!</b> Choice of BBQ pulled pork sandwich 🍖 or breaded chicken leg served w/choice of potato/veg.</p>				
<p><b>20</b></p> <p>Goal Makin' Bacon Cheeseburger on a WG Bun (Lettuce &amp; Tomato Side Available)</p> <p>🐷</p> <p><b>FEATURED VEGGIES</b> Sidewinder Fries Cucumber Slices</p>	<p><b>21</b></p> <p>Healthy Habit Ham &amp; Cheese on a WG Pretzel Bun &amp; a Fresh Fruit Cup</p> <p>🐷</p> <p><b>FEATURED VEGGIES</b> Tater Triangles Green Peppers</p>	<p><b>22</b></p> <p>Don't Hurry Chicken Curry Casserole</p> <p><b>FEATURED VEGGIES</b> Spring Greens Side Salad Corn</p> <p>🐷</p>	<p><b>23</b></p> <p>Balancing Birria Cheesesteak Nachos</p> <p><b>FEATURED VEGGIES</b> Red Pepper Strips Romaine Side Salad</p>	<p><b>24</b></p> <p>Side Plank Fish Sandwich on a WG Bun</p> <p><b>FEATURED VEGGIES</b> Sidewinder Fries Green Beans</p>
<p><b>bravo!</b> <b>Burrito Bowl Bar:</b> Build your burrito bowl with choice of taco beef or chicken or ranch refried beans (🍴). Served with your choice of sides &amp; toppings.</p>				
<p><b>27</b></p> <p>Game On Chicken Parmesan Rosa Sandwich</p> <p><b>FEATURED VEGGIES</b> Celery Sticks Coleslaw</p>	<p><b>28</b></p> <p>Chin Up Mashed Potato Bowl w/ WG Scooby Snacks</p> <p><b>FEATURED VEGGIES</b> Mashed Potatoes w/Gravy Corn</p>	<p><b>29</b></p> <p>WG Push Up Pancakes w/Syrup &amp; Power Sausage Links and a Cheese Stick</p> <p>🐷</p> <p><b>FEATURED VEGGIES</b> Tater Triangles Cucumbers</p>	<p><b>30</b></p> <p>Boxing Butter Chicken w/Whole Grain Flat Bread</p> <p><b>FEATURED VEGGIES</b> Strawberry Spinach Salad Garlic Parmesan Broccoli</p>	
<p>Jenny Patterson: General Manager Jean Viglione: Registered Dietitian Suzanne Robertson: Operations Manager Jess Kremer: Executive Chef</p>		<p>Lisa Kaschak: Culinary Center Kitchen Manager <b>Phone: 814-874-6885</b> <b>Fax: 814-874-6889</b></p>		<p>🍴 <b>Vegetarian</b> <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p>(WG) <b>Whole Grain</b></p> <p>☾ <b>Halal</b> 🐷 <b>Contains Pork</b></p>

**What is a Meal?**  
You must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Meat/Meat Alternative
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

**Choice of Vegetable May Include:**  
Spinach, broccoli, romaine salad, carrots, sweet potatoes, tomatoes, red peppers, beans, peas, potatoes, corn, celery sticks, cucumbers, cauliflower, green peppers & green beans

**Choice of Fruit May Include:**  
Oranges, apples, bananas, grapes, pears, peaches, strawberries, applesauce, pineapple & mandarin oranges

**Choice of Milk:**  
1% white, fat-free white, fat-free chocolate

**Daily Entrée Options May Include:**  
-WG Chicken Patty on a Bun w/ a Side of Lettuce & Tomato  
-Assorted Fresh Dough Pizza  
-Smucker's WG Uncrustables  
Peanut Butter & Jelly Sandwich 🍴

\*\*Cafeteria will have additional promotions available weekly. Look for promotional signage in the café.

\*All grains served are whole grain.

\*All turkey lunch meat and pepperoni served is Halal.



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

