

ERIE'S PUBLIC MIDDLE SCHOOL LUNCH MENU

June 2024

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or Meat Alternate

Choice of Vegetable

Choice of Fruit

Grain/Bread

Choice of Milk - 1% White, Fat-Free

Chocolate & White

Daily Vegetable Choices May Include:

Spinach, Broccoli, Romaine Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans and Green Peppers

Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

Leave Your Lunch at Home

Daily entrée options may include:

Whole Grain Chicken Patty on a Bun

Lettuce & Tomato Side Available

Assorted Fresh Dough Pizza

Smuckers Uncrustable Peanut Butter & Jelly

Garden Salad or Turkey Entree Salad

Salads served w/ Goldfish Crackers & a Whole Grain Soft Pretzel

Sub Sandwiches

Menu is subject to change based on availability.



Jennifer Johns: General Manager
 Jean Viglione: Registered Dietitian
 Shawn Leh: Chef Manager
 Jess Kremer: Chef Manager

Phone: 814-874-6885 Fax: 814-874-6889

USDA is an equal opportunity provider and employer.

June 3rd - Fruit Roll-Up Day! One Fruit Roll-Up with every lunch!

Hot Dog on a Whole Grain Bun  FEATURED VEGGIES Corn, Green Beans or Diced Carrots Choice of Fruit Choice of Milk 3	Turkey & Cheese on a Whole Grain Bun FEATURED VEGGIES Manager's Choice Choice of Fruit Choice of Milk 4			
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10	11	12	13	14

17	18	19	20	21

24	25	26	27	28

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Free breakfast and lunch available to all students when school is in session!

