



ERIE'S PUBLIC HIGH SCHOOL LUNCH MENU



February 2024



What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or Meat Alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% White, Fat-Free
Chocolate & White

Daily Vegetable Choices May Include:

Spinach, Broccoli, Romaine Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans and Green Peppers

Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

Leave Your Lunch at Home

Daily entrée options may include:
Whole Grain Chicken Patty on a Bun w/ a side of Lettuce & Tomato
Whole Grain Chicken Nuggets w/ Whole Grain Soft Pretzel
Assorted Fresh Dough Pizza
Smucker's Uncrustable Peanut Butter & Jelly Sandwich
Salad Bar

A variety of salads, sandwiches and subs offered daily.

Menu subject to change due to availability.



Jennifer Johns: General Manager
Jean Viglione: Registered Dietitian
Shawn Leh: Chef Manager
Jess Kremer: Chef Manager

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USDA is an equal opportunity provider and employer.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY 1	FRIDAY 2	
BRV! express Taco Bar! Soft or walking tacos or enchiladas with toppings and sauces.					
			Chicken 'N Waffle Sandwich w/Hof Honey Glaze FEATURED VEGGIES Green Beans Cucumber Salad w/Dressing Choice of Fruit Choice of Milk	Chicken Bacon Ranch Sub FEATURED VEGGIES Tomatoes Asian Pepper Slaw Choice of Fruit Choice of Milk	
BRV! express Philly Cheesesteak Bar! Beef or chicken Philly cheesesteaks w/ toppings and sauces.					
	Mini Mac Burger on a Whole Grain Bun FEATURED VEGGIES Garbanzo Beans Red Pepper Strips Choice of Fruit Choice of Milk	South West Chicken w/Rice Bowl FEATURED VEGGIES Corn Potato Wedges Choice of Fruit Choice of Milk	Chicken Parmesan Sandwich FEATURED VEGGIES French Fries Side Salad Choice of Fruit Choice of Milk	Sweet & Sour Chicken Fried Rice FEATURED VEGGIES Stir Fry Vegetables Baby Carrots Choice of Fruit Choice of Milk	Super Sub Sandwich Dav FEATURED VEGGIES Choice of Fruit Choice of Milk
BRV! express Baked Potato Bar: Loaded Baked Potatoes w/ all the toppings					
	Loaded Fries with Whole Grain Soft Pretzels FEATURED VEGGIES Green Pepper Strips Oven Roasted Zucchini Choice of Fruit Choice of Milk	Beef Soft Taco Supreme FEATURED VEGGIES Yellow Beans Street Corn Salad Choice of Fruit Choice of Milk	Pulled Pork Sandwich on a Whole Grain Bun Fresh Fruit Cup FEATURED VEGGIES Sweet Potato Home Fries Broccoli w/Cheese Choice of Fruit Choice of Milk	Chicken Mashed Potato Bow w/Scoobv Snacks FEATURED VEGGIES Mashed Potatoes Corn Choice of Fruit Choice of Milk	Asian Chicken Noodle Bowl FEATURED VEGGIES Asian Pepper Slaw Sauteed Bok Choy Choice of Fruit Choice of Milk
BRV! express Street Noodle: Asian Fusion Noodle or Rice Bowls w/ Choice of Meat & Sauce					
No School	Chicken Curry Casserole FEATURED VEGGIES Corn Side Salad Choice of Fruit Choice of Milk	Chicken Tenders w/a Whole Grain Pretzel FEATURED VEGGIES Tomatoes Zesty Country Green Beans Choice of Fruit Choice of Milk	Buffalo Chicken Dip w/ Tortilla Chips FEATURED VEGGIES Garlic Parmesan Broccoli Celery Sticks Choice of Fruit Choice of Milk	Fish Sandwich on a Whole Grain Bun FEATURED VEGGIES French Fries Coleslaw Choice of Fruit Choice of Milk	
BRV! express Breakfast Bar: Choice of Scrambles eggs, pork sausage or yogurt. Add French toast sticks, waffles or mini pancakes along with cinnamon apples or potato patty or tots.					
	Chicken Ranch Wrap FEATURED VEGGIES Roasted Zucchini Cucumbers Choice of Fruit Choice of Milk	Beef Walking Taco w/ Tostito Scoops FEATURED VEGGIES Black Bean & Corn Salad Red Pepper Strips Choice of Fruit Choice of Milk	Butter Chicken w/ Whole Grain Flat Bread FEATURED VEGGIES Strawberry Spinach Salad Garlic Parmesan Broccoli Choice of Fruit Choice of Milk	Crispy Chicken Salad w/Fries FEATURED VEGGIES French Fries Apple & Celery Side Salad Choice of Fruit Choice of Milk	
Soup/Salad, Hummus, Specialty Pizza Features					
Week of: 1/29-2/2 SOUP Chicken Noodle PIZZA Vegetable BBQ Chicken HUMMUS Roasted Red Pepper or Choc	Week of: 2/5-2/9 SOUP Buffalo Chicken Chowder PIZZA Broccoli Chicken Ranch Macaroni & Cheese HUMMUS Sweet Chili or Pumpkin Pie	Week of: 2/12-2/16 SOUP Broccoli Cheese PIZZA White Vegetable Taco HUMMUS Roasted Red Pepper or Choc	Week of: 2/19-2/23 SOUP Chicken Noodle PIZZA Supreme Philly Steak HUMMUS Sweet Chili or Pumpkin Pie	Week of: 2/26-3/1 SOUP Buffalo Chicken Chowder PIZZA Vegetable Buffalo Chicken HUMMUS Roasted Red Pepper or Choc	