

June 2024

# ERIE'S PUBLIC SCHOOL LUNCH MENU

## DiPaolo June 2024



**What is a Meal?**  
 You must choose at least 3 of the 5 components available for the school lunch price.

**Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch**  
 Meat or meat alternate  
 Choice of Vegetable  
 Choice of Fruit  
 Grain/Bread  
 Choice of Milk - 1% white, and fat-free chocolate

**USDA is an equal opportunity provider & employer.**

**Weekly Vegetable Subgroups May Include:**  
**Dark green** - spinach, broccoli, romaine & spring salad  
**Red/Orange** - carrots, sweet potatoes, tomatoes, red peppers  
**Beans/Peas** - Chick peas  
**Starchy** - white potatoes, corn, and lima beans  
**Other Vegetables:** celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

**Daily Fruit Selection May Include:**  
 oranges, apples, bananas, pears, peaches, strawberries, applesauce, pineapple, 100% fruit juices & mandarin oranges

**\*Free breakfast & lunch available to all students when school is in session.**  
**\*All grains offered are whole grain.**

Daily entree options may include:  
 Smucker's Uncrustable PB&J  
 Cheese or Cheese/Pepp. Pizza  
 Chicken Patty on a Whole Grain Bun

Options also include: milk, fruit, & vegetable

Jenny Johns - General Manager  
 Jean Viglione - Registered Dietitian  
 Jess Kremer - Chef Manager  
 Shawn Leh - Chef Manager  
 Phone: 814-874-6885  
 Fax: 814-874-6889

Menu subject to change based on availability.

**June 3rd - Fruit Roll-Up Day!**  
**One Fruit Roll-Up with every lunch!**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Hot Dog on a Whole Grain Bun   <b>Featured Veggies:</b> Corn, Green Beans, or Diced Carrots Choice of Fruit Choice of Milk	<b>4</b> Turkey & Cheese on a Whole Grain Bun  <b>Featured Veggies:</b> Manager's Choice  Choice of Fruit Choice of Milk	<b>5</b>	<b>6</b>	<b>7</b>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>