

# ERIE'S PUBLIC MIDDLE SCHOOL LUNCH MENU

March 2024



## What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or Meat Alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread  
Choice of Milk - 1% White, Fat-Free  
Chocolate & White

## Daily Vegetable Choices May Include:

Spinach, Broccoli, Romaine Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans and Green Peppers

## Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

## Leave Your Lunch at Home

Daily entrée options may include:  
Whole Grain Chicken Patty on a Bun  
Lettuce & Tomato Side Available  
Assorted Fresh Dough Pizza  
Smuckers Uncrustable Peanut Butter & Jelly  
Garden Salad or Turkey Entree Salad  
Salads served w/ Goldfish Crackers & a Whole Grain Soft Pretzel  
Sub Sandwiches

Menu is subject to change based on availability.



Jennifer Johns: General Manager  
Jean Viglione: Registered Dietitian  
Shawn Leh: Chef Manager  
Jess Kremer: Chef Manager

Phone: 814-874-6885 Fax: 814-874-6889

USDA is an equal opportunity provider and employer.

MONDAY

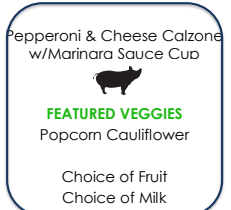
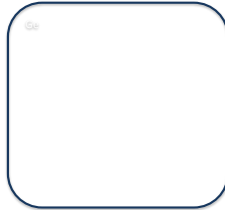
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Specialty Pizza: Vegetable or Buffalo Chicken OR Hummus Platter: Roasted Red Pepper or Chocolate Dippers**



1

**Specialty Pizza: Sausage/Pepperoni or Hawaiian OR Hummus Platter: Sweet Chili or Pumpkin Pie Dippers**



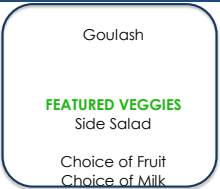
4



5



6

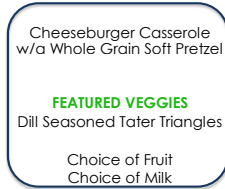


7

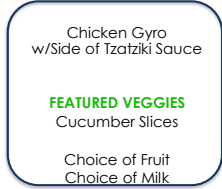


8

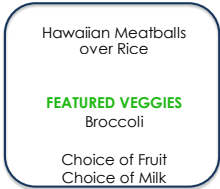
**Specialty Pizza: Vegetable or BBQ Chicken OR Hummus Platter: Roasted Red Pepper or Chocolate Dippers**



11



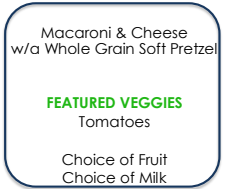
12



13



14

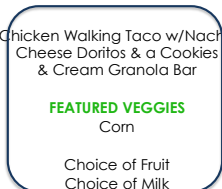


15

**Specialty Pizza: Broccoli Chicken Ranch or Macaroni & Cheese OR Hummus Platter: Sweet Chili or Pumpkin Pie Dippers**



18



19



20



21



22



25



26



27



28



29

**Free breakfast and lunch available to all students when school is in session!**

