



ERIE'S PUBLIC HIGH SCHOOL LUNCH MENU



March 2024



What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or Meat Alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% White, Fat-Free
Chocolate & White

Daily Vegetable Choices May Include:

Spinach, Broccoli, Romaine Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans and Green Peppers

Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

Leave Your Lunch at Home

Daily entrée options may include:
Whole Grain Chicken Patty on a Bun w/ a side of Lettuce & Tomato
Whole Grain Chicken Nuggets w/ Whole Grain Soft Pretzel
Assorted Fresh Dough Pizza
Smucker's Uncrustable Peanut Butter & Jelly Sandwich
Salad Bar

A variety of salads, sandwiches and subs offered daily.

Menu subject to change due to availability.



Jennifer Johns: General Manager
Jean Viglione: Registered Dietitian
Shawn Leh: Chef Manager
Jess Kremer: Chef Manager

Phone: 814-874-6885 Fax: 814-874-6889

USDA is an equal opportunity provider and employer.

MONDAY

TUESDAY

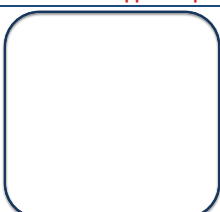
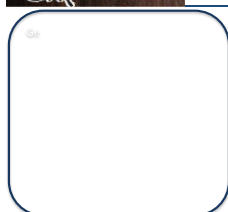
WEDNESDAY

THURSDAY

FRIDAY



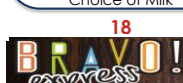
Breakfast Bar: Choice of Scrambles eggs, pork sausage or yogurt. Add French toast sticks, waffles or mini pancakes along with cinnamon apples or potato patty or tots.



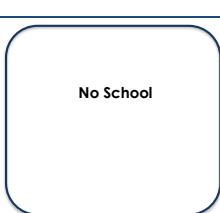
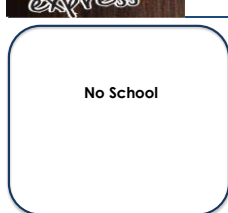
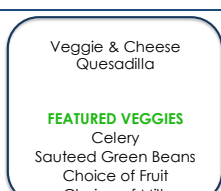
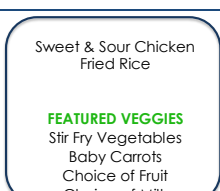
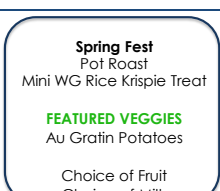
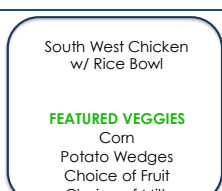
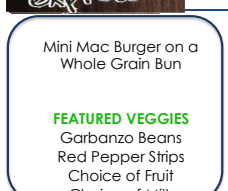
Hamburger Bar! Build your burger with a choice of assorted toppings. Choose from American or Mozzarella cheese served with a side of fries or vegetable of the day.



Pasta Bar: Pasta topped w/red or alfredo sauce. Choose between meatballs or grilled chicken & choose to serve w/a whole grain soft pretzel or breadstick.



Hot Dog Bar: Build your hot dog w/assorted toppings & choose from a side of baked beans, coleslaw or French fries.



Soup/Salad, Hummus, Specialty Pizza Features

